**Fidget toys**

Many children with autism are better able to focus in class when they are provided with fidget toys, so what would be a suitable fidget toy?

1. Flour filled balloons
2. Rubber bands, hair bobbles, loom bands
3. Nuts and bolts
4. Silly putty
5. Stress/koosh ball
6. Loop velcro strip on table top or under table
7. Blue tac
8. Stretchy frogs/worms
9. Beannie toys
10. Smooth stone or pebble

Where to find fidget toys

<https://www.sensorytoywarehouse.com/category/fidgets/>

<http://www.cheapdisabilityaids.co.uk/fidget-toys-16-c.asp>

<http://www.exploreyoursenses.co.uk/>

<http://www.fidgetshop.com/>

