

School Swimming Lessons Prospectus

2025 – 2026

Swim!

Don't sink...



**Bradford
Aquatics**
Swim School

Call: 01274 438791

www.bradford.gov.uk/swimming



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL
Sport and Culture



Celebrating Success

We are delighted that once again to offer our KS2 School swimming program.

We fully support the Education Departments decision to include the lifesaving skills of **Safe self-rescue** within the KS2 Swimming syllabus. By doing so, we are committed to ensuring all pupils have the opportunity to learn Safe self-rescue.

Learning to swim is important to all pupils as part of an active and healthy lifestyle. Participation in school swimming contributes to the target of quality PE time each week for every child. Swimming is one of the eight strands of national PE School Sport Partnerships.

Your Service Provider: Bradford Aquatics

School Swimming with Bradford Aquatics 2025-26

We believe you can do no better than to retain the services of Bradford Aquatics for the simple reason that we are certain that the school swimming package we are offering is second to none!

With the Education Departments introduction of Water Safety – Safe self-rescue to the KS2 P.E. syllabus, we guarantee that we can provide all elements needed for the safe delivery of structured KS2 School swimming and Water Safety.

We fully support the Education Departments decision to include the lifesaving skills of Safe self-rescue within the KS2 Swimming syllabus.

The Choice

Whilst the importance of swimming has indeed been recognised in that it remains a statutory part of the P.E.

Curriculum, it is still a concern that not all children reach the Key Stage 2 target. The abundance of open water in and around Bradford makes it even more important that children are aware of the potential dangers of water and are able to swim well enough for their own personal safety.

It is clearly very important that each school makes the correct choice as to who should deliver KS2 swimming lessons to their pupils.

We fully support the Education Departments decision to include the lifesaving skills of Safe self-rescue within the KS2 Swimming syllabus.

KS2 School Swimming and Water Safety

KS2 National Curriculum outcomes for School Swimming and Water Safety

(must be completed without the use of buoyancy aids)

1. Two out of the following three must be completed:

- Swim 10 metres front crawl
- Swim 10 metres backstroke
- Swim 10 metres breaststroke

2. Swim 25 metres (choice of stroke optional)

3. Exit deep water without the use of steps

4. Safe self-rescue

Learners must complete the following skills in the order indicated as a continuous activity. This can be completed in normal swimwear. It is recommended for all pupils to have opportunity to complete the safe self-rescue activities in light clothing (light weight shorts & t-shirts).

- Enter the water using a fall in entry.
- Float on the back or scull. (minimal movement 60 seconds).
- Rotate from star float to vertical position without touching the floor or poolside.
- Tread water for 20 seconds with one arm in the air and shout for help.
- Swim 15 metres on the front, rotate and swim 15 metres on the back to a floating object.
- Take up the Heat Escape Lessening Position (H.E.L.P).
- Swim 10 metres retaining a floating object.
- Take up the Huddle position.
- Swim using a long arm front paddle (survival stroke) to the side.
- Climb out from water of at least full reach depth without using the steps.

Pupils behaviour is the schools responsibility at all times when pupils are attending the KS2 swimming lesson program. This helps ensure that your schools behaviour policy is followed thoroughly.

THE SCHOOL SWIMMING PACKAGE

Provider - Bradford Aquatics

Proven Track Record

Bradford Aquatics has consistently delivered a high standard of swimming tuition to Bradford's schools for over 20 years.

Key Stage II

Options 1½ to 3 terms to enable more pupils to achieve the minimum requirements for the National Curriculum Key Stage II Award.

Safety

A strict Health & Safety regime prevails in all pools and the teacher/pupil ratio will be 1:30. All pools are fitted with emergency alarms and always have, in addition to the teaching staff, qualified first aiders on duty whenever lessons are taking place. Risk assessments are carried out at all pools.

Teaching Staff

All teachers are experienced and hold nationally recognised teaching and lifesaving qualifications and regularly attend in-service training sessions.

Syllabus

A comprehensive tried and tested updated syllabus will operate.

Lesson Plans

Access to our swimming teachers lesson plans, allowing you to have input and keep track of pupils progress.

Flexibility

The syllabus can be varied and adapted to meet the needs of individual schools if so required.

Continuity

Swimming Teachers will be allocated to a complete block of lessons except in unforeseen circumstances.

Priority

Priority will be given to schools requiring Key Stage II swimming.

Water Time

A minimum water time of 30 minutes for each lesson will be programmed.

Timetabling and Transport

The programme will be available before Spring Bank holiday each year and timetabled to attract cut price transport.

Advice/Monitoring

A back-up monitoring and advice service will be available from the dedicated and experienced Bradford Aquatics Team.

Water Safety

(an integral part of the national curriculum) - a free water safety presentation is available.

Additional resource material is available on the following water safety websites:

www.nc.uk.net/safeswimming www.beachsafety.org.uk and Swim England School Swimming Water Safety Charter

Fun/Play Sessions

End of term fun/play sessions can be negotiated at most pools.

Flip and Fun

Our experienced Diving coaches visit the KS2 lesson program and deliver a fun introduction to diving lessons upon request.

After school

Swim clubs may be organised at your local pools.

Opportunities for referral

To more advanced classes, training schemes or local clubs for talented children.

IMPORTANT NOTE ABOUT CHARGES

The standard lesson package of 12 weeks plus up to 6 weeks free is expected to cost £112.00 For each individual pupil that attends (not per individual place).

This charge includes admission to the pool, swimming teachers, all administration and equipment (The extra weeks are subject to funding and the level of pupil achievement in regards to the National Curriculum Key Stage 2 Swimming).

Please note, this does not include transport, although this can still be organised on your behalf at your request, by Bradford Aquatics, to attract economies of scale. Prices quoted exclude lifeguard provision, should an additional

lifeguard other than the Swimming Teacher be required. Lifeguard requirements will be based on pupil to swimming teacher ratios. Contact Bradford Aquatics for further information.

Please complete this form and return via email to BradfordAquatics@bradford.gov.uk

or via post to

**Bradford Aquatics,
Bowling Swimming Pool & Gym
Flockton Road, East Bowling, BD4 7RH**

Tel: 01274 438786

Email: lynda.devanny@bradford.gov.uk

Period 1 - September to February half term. Period 2 - February half term to July.

Pupils behaviour is the schools responsibility at all times when pupils are attending the KS2 swimming lesson program.

For Safeguarding, mobile phones and other electronic devices (e.g. laptops) are not permitted in the changing facilities or the pool hall at any time.

SCHOOL RESPONSIBILITIES:

The School is responsible for ensuring that all pupils and accompanying staff comply with all reasonable instructions of Lifeguards, Swimming Instructors and other Council employees at all times, and observe the Council's policies, procedures and health & safety requirements in relation to the swimming lesson programme and swimming instruction generally.

The School is required to make suitable supervision arrangements to ensure that their responsibilities under this clause are met, providing as a minimum two persons with Qualified Teacher Status ('QTS') or one person with QTS and a teaching assistant (together 'Supervising Persons') in respect of any one group of not more than 30 Pupils. For numbers above 30 pupils 2 x QTS and 2 teaching assistants are required as a minimum.

The wording in this publication can be made available in other formats such as large print. Please call 01274 437112.

Bradford Aquatics School Swimming



Please complete this form and return via email to:
BradfordAquatics@bradford.gov.uk or via post to
Lynda Devanny, Bradford Aquatics, Bowling Swimming Pool & Gym Flockton Road East Bowling BD4 7RH
indicating your school swimming preferences for the academic year commencing September 2025

To be returned by: 6th January 2025

School:

Address:

Contact Person:

Telephone No: Email:

**Please answer the following questions: Taking into account that each period is 1½ terms.
Period 1 runs September to February half term. Period 2 runs February half term to July.**

1) Do you want Bradford Aquatics to deliver swimming lessons to your pupils?

YES NO

If yes, please answer questions 2 - 7

2) Do you wish to purchase:

- a) 1½ term course?
- b) 3 term course? (subject to additional funding and availability)
- c) Other (please state)

3) What year group do you intend to receive the lessons?

4) Total children swimming 2025-2026?

Boys Girls

(This should be the total of children above only and include any children with disabilities).

Transport

5) Do you want Bradford Aquatics to organise your transport?

YES NO

Special Requirements

6) Single Sex

YES NO

If selecting YES, please note: Due to staffing we cannot guarantee that female instructors will be available.

7) Number of children with disabilities, medical conditions or SEN.

a) State disability:

Information must be given to the Swimming teachers at the beginning of the first lesson.

Special transport for children with disabilities needs to be organised by the individual school

Lesson Preference

8) Do you want your lessons to:

Stay the same Change

If you wish to remain the same, it cannot be guaranteed due to changes in water time availability and other schools requesting a change to their times.

If you want to change, please confirm in writing and enclose with this form. (Changes can only be made subject to availability and please note afternoon swimming times are very limited due to transport times being restricted).

Signed..... Position

Print..... Dated