



THE NURTURE GROUP NETWORK REGIONAL YORKSHIRE CONFERENCE 2016

The nurture group network®
helping children and young people to succeed

**THE
NURTURE
CURRICULUM**

**FRIDAY
30 SEPTEMBER 2016
WAKEFIELD**

"I enjoyed the variety of the presentations. They were all extremely useful and I will definitely be using the strategies."

"Finished on a great high. Thanks for reminding us what **good work we do."**

"A very enjoyable day. As a head teacher it has left me with much to **reflect on. It was good to speak to other practitioners too."**

It is more than 40 years since educational psychologist Marjorie Boxall decided something had to be done about the huge number of children being put forward for special schools, in the Inner London Borough of Hackney.

She understood that these children were not 'maladjusted' or 'educationally subnormal', but had simply not had adequate emotional and social support from their earliest months to be able to deal with the demands of school life.

And so nurture groups were born.

Since then thousands of children have benefited from spending time in small part-time groups in their schools and being given the experiences they missed in their early lives.

The Boxall Profile now underpins everything that nurture groups can achieve and groups are being set up in primary and secondary schools, in special schools and units in the UK and throughout the world.

Come and learn why they are achieving such acclaim from teachers, parents, pupils, educationalists and others.

If you are unfamiliar with nurture groups, take a look at our website www.nurturegroups.org, to see what teachers, parents and pupils big and small have to say about them. See quotes straight from the heart of those who have benefited from nurture groups and understand more fully how they could help you and your pupils.

Who should attend?

The conference is open to nurture staff, education staff, health staff, social workers, police, family support workers and all who are interested in effectively supporting vulnerable children and their families.

Keynote speakers

Stuart Myers

Building resilience and inclusion

Stuart Myers was unexpectedly born with no arms. The story began right there in the hospital delivery room in Middlesbrough. Over 30 years later, Stuart now explores his life so far in his own unique, humorous, thought provoking and inspirational style.

Stuart will take you on the journey he has experienced in both his personal life, and his professional career. Stuart will explain how he has defied the odds and progressed from being an office trainee into management. He will also share his experiences from his additional current roles, including a charity trustee, school governor and judicial office holder, not forgetting a business owner!

He is a great example of how you can reach your goals even when facing adversity and uncertainty. It is clear that Stuart credits the unwavering support of his family, friends, teachers and colleagues as the main drivers to achieving his success so far.

Stuart will provide examples of how barriers can be overcome, and will show how the power of positivity can enhance all of our lives.

His AIM is simple, to raise Aspirations while providing Inspiration and creating Motivation.

Yvonne Monaghan

Nurturing Schools & Queens University Belfast Nurture Groups Signature Project

Yvonne is head of consultancy at The Nurture Group Network, and has been working with children who exhibit social, emotional and behavioural needs for nearly 30 years within both primary and secondary special school settings. She was previously the co-ordinator for social, emotional, mental health and wellbeing (SEMH) for the targeted education support services working with and supporting mainstream and special schools in the Wigan Local Authority. Yvonne has been involved with developing and supporting nurture groups for many years, a passion that was inspired by Marion Bennathan's keynote at a conference held 14 years ago. A few years ago Yvonne completed her MA focusing on the use of the six principles of nurture.

This keynote will focus on the significant outcomes from the Nurture Group's Signature Project in Northern Ireland. Outlining the massive success of the setup of 20 nurture groups, not only in helping children to cope with social, emotional and mental health barriers to learning, but also in the increase in students' academic achievement. Yvonne will look at what lessons can be learned and how this impacts on schools.

Jenny Turner

Mental health & wellbeing

Jenny Turner is The Nurture Group Networks' regional co-ordinator for Yorkshire and The Humber. She has been a nurture practitioner for the last seven years, having starting her own nurture group from scratch in Kettlethorpe High School, a large secondary school in Wakefield. Nurture works for all year groups at Kettlethorpe and is an important part of underpinning children and young people's learning. The school has gone from strength to strength, with nurture embedded into the fabric of the school, where it works well alongside restorative practice and SEN. Jenny has pioneered nurture in Wakefield and brought the training to the city with a great response both locally and across the region. Diamonds at Kettlethorpe is an exemplary nurture group in secondary practice and receives visitors from across the region and nationally on a regular basis. It is Jenny's passion and pleasure to share her experiences in nurture with fellow educators.

In this keynote, Jenny will discuss how the focus of nurture is being sharpened towards mental health and wellbeing for Kettlethorpe and how this fits into the Future in Mind pilot scheme for Wakefield.

Garry Freeman

Nurture groups & Progress 8

Garry has taught for 39 years in a number of high and special schools throughout Leeds and Bradford. He is now Director of Inclusion and SENCo at Guiseley School in Leeds, where he has been since 2010.

He is a successful author, is editor-in-chief of Inclusion in Focus (Agora Publications) and has written extensively for educational publications on special needs provision, nurture practice and needs-focused teaching and learning. The focus of Garry's work is SEND provision, across all stages and settings, and Nurture Groups. He established a very successful nurture group at his last school in Bradford, and now Guiseley nurture provision is at the forefront of local, regional and national outstanding practice. Ofsted described his practice as 'beyond outstanding – inspirational!'

In this workshop, Garry will discuss nurture groups in the context of Progress 8, asking the questions: 'What is Attainment 8/Progress 8? How does this affect what we may need to do in our nurture work? What are some examples of how we can support our CYP?'

Workshops

NURTURE GROUP NETWORK WORKSHOPS

Angi Franklin

Understanding sensory issues – introducing 60 sensory minutes

Angi joined The Nurture Group Network as a training officer in 2013. Previously she worked for the Behaviour Support Advisory Team for a local authority. As part of her role, Angi delivered training in attachment theory, early language development, behaviour management, autism and sensory issues.

‘Sensory integration is the ability of the brain to organise information received from the senses so an appropriate response is made.’ (Rae, 2016)

Children and young people often display considerable difficulties in terms of managing their sensory world both in learning and social contexts. It is vital for practitioners to be aware of sensory differences as it impacts on learning, social communication skills, memory and the wellbeing of children and young people. This workshop is a brief introduction to sensory integration, how it may impact on everyday life and it introduces Dr Tina Rae’s new resource 60 Sensory Minutes following on from the successful 60 Mindful Minutes

Rae, T (2016) **60 Sensory Minutes: Developing Sensory Skills in the Nurture Group.** London: NGN

Susanne Taylor

The impact of bereavement on children and young people

Susanne Taylor is a qualified counsellor, working with children and young people within educational settings. Bereavement separation and loss are frequently at the heart of the issues that children and young people present with and she has seen first-hand the effects, physical, emotional and psychological that grief can have. The term ‘bereavement’ refers to the whole process of grieving and mourning, and is associated with a deep sense of loss and sadness. Although it is a natural process, the effects can be overwhelming, especially for children and young people. One organisation suggests that every 30 minutes in the UK a child is bereaved of a parent – this equals 20,000 children a year. As practitioners working with children, young people and families, it is essential to have a good working knowledge around this subject.

This workshop will be both practical and experiential, it will help you to:

- Understand exactly what bereavement separation and loss is

- Recognise different types of loss, e.g. circumstantial, complicated
- Compare age reactions
- Identify responses, both emotional and physical
- Explore what YOU can do to help and support

Clare Reed

An introduction to Nurture Talk @ Primary

Clare Reed has over 20 years teaching experience, mainly in inner-city schools working across the Primary phase as a class teacher, language specialist, Science Coordinator, Learning Mentor Manager, Performing Arts Coordinator and Literacy Coordinator. Clare has been a Speech, Language and Communication Consultant since 2006.

Nurturing Talk @ Primary was developed and written by Clare Reed of Education Works Ltd in conjunction with Helen Stollery and Claire Eccleshall from The Nurture Group Network. It is a targeted and flexible intervention programme to develop children’s language and thought processes, helping them to talk effectively with other children and adults. It is designed to be used with children with social, emotional, behavioural and mental health difficulties, initially on a one-to-one basis but moving on to partner work and then being able to operate successfully in small groups. Each child will have a different time scale working with the programme depending on their personal needs and developmental stage.

LEEDS

Nneka Ikeogu

Learning curve? Learning mountain!

LEAP nurture provision 12 months on...

In recent years, we have seen a growing need for EBD provision in early years and KS1. After identifying a need for nurture provision in East Leeds, LEAP (Life skills, Education and Play) was created at Meadowfield Primary School. With funding from the Area Inclusion Partnership, an eight-place KS1 Nurture Group was established with support and training from The Nurture Group Network. LEAP is a ‘new variant’ nurture group, and children from all school in Leeds are able to attend.

As a class teacher and senior leader in school it has been clear to me that some children need a developmentally appropriate curriculum and support in a range of areas which cannot always be tackled in a whole class setting.

It has been a privilege to be part of a nurture group that spends time and encouragement with children. LEAP strives to work with the child and their family to support the development of self-esteem and to foster talents, giving time for the children to have a voice and celebrate the milestones that they achieve.

This workshop will give attendees a feel of what it is like to set up a nurture group from scratch, and to give an insight into how issues relating to space and, more crucially, funding were overcome to enable the group to be established successfully.

- Balance emotions and lower stress and anger
- Practise staying calm and focused on learning in the classroom and therefore further develop their skills in both areas
- Increase their level of trust that they have between themselves and the adults that look after them, thus making communication easier overall
- Develop emotional and cognitive understanding and interpersonal awareness and skills
- Pay attention; we often say ‘pay attention’ to children but we don’t actually teach them how to do this
- Become less reactive and more compassionate to others.

Catherine Beal

Levels of nurturing practice and nurturing the nurturers

Catherine Beal is an educational psychologist from Leeds. She has delivered nurture training and a range of staff development activities. She has been a member of the Yorkshire Regional Nurture Network Steering Group and recently co-facilitated workshops at the NGN Summer School. A range of staff will work together to deliver this workshop on the basis of their own practice. This is likely to include inclusion managers, SENCos, teaching assistants, behaviour support workers etc. All have high levels of skill and experience and work in settings that respond to a range of complex needs including significant need for nurture.

This workshop will focus on reflections from nurturing practice implemented at all four levels of MacKay’s model for research and practice in response to the differing possibilities and needs of 14 mainstream and resourced primary schools. These schools completed training as a group and have continued to reflect on and develop practice through half-termly nurture development forums run by Catherine Beal. They have shared creative responses to the challenges of implementing nurture and new exciting ways of applying this in different ways for different contexts.

HUDDERSFIELD

Danielle Brown

The Nurture Group Agenda – an SLT perspective

I am Danielle Brown and I run at a Quality Mark Award accredited nurture group at Holmfirth High School in West Yorkshire. For the past 12 years I have enjoyed working with children in primary and secondary schools and have had fun (and challenged!) working in the nurture group for the last four years. One of my passions is baking and cooking – especially bread making – which is something I include in the nurture sessions as often as possible.

My workshop will include an exploration of circumstances linking attachment with aspirations. We will examine how attachment difficulties impact on our students’ sense of self and the effectiveness of a nurturing approach in developing higher aspirations. The workshop will look at case studies in collaborative working groups to enable participants to discover more about the importance of wellbeing and emotional security to support learning.

SHEFFIELD

Emma Pasley, Rebecca Oseman, Claire Roddis and Hazel Whitely

A day in the life of the Haven Nurture Room

The Haven Nurture Room in Ballfield Community Primary School Sheffield, has been operating for the last five years. It is founded on nurture principles and uses the Boxall Profile. Currently there are two groups, one in the morning and one in the afternoon. Emma and Rebecca will share from the perspective of a well-established group; how their provision has evolved over time in response to need; the nurture routines and reward system; examples of their nurture curriculum activities/resources (in particular their sensory work with children (there will be a booklet available for delegates); planning; recording and monitoring progress; the links with mainstream teachers/parents/carers that promote successful resettlement. The Haven Nurture Group is working towards the Quality Mark Award.

Hazel Whitely, nurture leader at Parkwood Academy (secondary school) Sheffield has extensive experience of nurture groups at KS1/2/3 and within this workshop Hazel will share with delegates some effective and creative nurturing activities that support the learning of vulnerable children across Y6/7

Emma Pasley (nurture leader) Emma has worked in education for eight years, five in the Haven Nurture Room. She has grown to understand the importance of nurture rooms for schools, and the impact they can have on the lives of children who access them. She has engaged in a wide range of training, including the NGN four-day course and is an active member of the Sheffield Nurture Network.

Rebecca Oseman (nurture leader) Rebecca joined Emma in The Haven just over a year ago after providing mainstream support for two of the nurture morning children. She works to support children through small group sessions, circle time activities and with interaction during play. Rebecca has experience supporting children with SEND; is undertaking a Master's degree in autism and is an active member of the Sheffield Nurture Network.

Hazel Whitely, nurture leader (secondary) Hazel is a very experienced nurture teacher who has set up and developed nurture rooms in both primary and secondary schools. She completed the NGN four-day course a number of years ago and her case study features in the Boxall Profile Handbook.

Claire Roddis (SENCO) – teacher responsible for The Haven

Sally Connelly, Tim Brett, Alethea Broadway and Hazel Whitely

Getting started and making a difference!

Two newly established nurture groups at Hartley Brook Academy Sheffield

Alethea began thinking about, planning and training for the KS1 and KS2 nurture groups in September 2014. Sally and Tim became nurture leaders (KS2) in September 2015 and have worked hard to set up and develop this provision based on nurture principles and using the Boxall Profile.

In this workshop, from the perspective of a newly established nurture room, Alethea will show how already there are positive, measurable outcomes for children. She will share a process for selecting nurture children and the monitoring of progress. As assistant head (Inclusion) she supports the nurture team in planning and in curriculum design. Sally and Tim are a warm and creative team in their work with vulnerable children. They will share with delegates what the nurture day/week looks like; the set up in their nurture room; how they establish nurturing routines; the nurture-curriculum activities/experiences that they offer to children; their planning, record keeping and how they support class teachers. The Hartley Brook Academy team also note the importance of training for all staff in school and work to ensure this is in place. Hazel Whitely is nurture leader at Parkwood Academy Sheffield. She has extensive experience of nurture groups at KS1/2/3 and will be sharing with delegates some effective and creative nurturing activities that support the learning of vulnerable children in Y6/7.

Sally and Tim are teaching assistants, leading the KS2 Nurture Group Dragons Den. They have both worked in a variety of roles in mainstream classrooms and in the integrated resource at Hartley Brook Academy. They have been involved in nurture since September 2015 and are both active members of the Sheffield Nurture Network.

Alethea Broadway has been a teacher at Hartley Brook Academy since 2013, involved in nurture since 2014. She was also aware of nurture provision in her two previous

schools. Alethea is currently Assistant Head- Inclusion, responsible for the development of the Nurture Rooms, monitoring the nurture curriculum, children's progress and for the training of staff. Alethea is an active member of the Sheffield Nurture Network.

Hazel Whitely, nurture Leader (secondary) Hazel is a very experienced nurture teacher who has set up and developed nurture rooms in both primary and secondary schools. She completed the NGN 4 day course a number of years ago and her case study features in the Boxall Profile Handbook.

BRADFORD

Carolyn Depledge and Janet Berry

A nurture group in practice

Carolyn Depledge has led on the development of the nurture group provision at Hollingwood Primary in Bradford for five years. She is now a lead practitioner in the Bradford Nurture Group Network and she will present this workshop alongside the deputy head at the school, Janet Berry.

In this workshop, Carolyn and Janet will talk participants through the development of their nurture group, from its earliest stages, to where they are now. Janet in particular, will bring to the workshop the perspective of a senior leader in a leading nurture group school, talking delegates through the impact the group has had on pupil and staff wellbeing and its impact on learning outcomes for pupils.

Alison Smith

Positive playtimes and lunchtimes

This workshop will be run by specialist teachers and mentors from the Bradford Behaviour Support Service Specialist Teaching Team. Positive Playtimes & Lunchtimes is a workshop designed to promote greater awareness of the issues faced during playtimes and lunchtimes by pupils who experience difficulties around their social, emotional and mental health (SEMH), along with ideas for strategies to improve things.

The aims of this workshop include:

- To consider some of the underlying factors that influence behaviour
- To examine the contribution that well-managed playtimes and lunchtimes can make to children's social, emotional and behavioural development.
- To raise awareness of the personal qualities and skills required for positive behaviour management
- To establish the importance of the quality of adult/child relationships in school and on the playground
- To introduce some positive behaviour management strategies
- To consider how children can be helped to share responsibility for playground and lunchtime cultures

Booking form

All booking forms should be sent to Gillian Fewins, Nurture Group Network, 18A Victoria Park Square, Bethnal Green, London E2 9PB **T: 020 3475 8980** **E: gillian.fewins@nurturegroups.org**

Closing date Friday 16 September 2016

Please return this form with payment or call our office to pay using a credit or debit card

A Nurture Group Network Conference:

Nurture Groups – working together to improve the lives of children, young people and their families

Friday 30 September 2016

Holiday Inn, Queen's Drive, Ossett,
Wakefield WF5 9BE

Price: **£95 +VAT**

(10% discount for NGN members)

Please choose one workshop for the morning, and one for the afternoon that you would like to attend by ticking appropriate boxes:

MORNING

The impact of bereavement on children and young people

NurturingTalk@Primary

Positive lunchtimes and playtimes

Learning curve? Learning mountain!

A day in the life of The Haven Nurture Room

AFTERNOON

Understanding sensory issues

A nurture group in practice

The nurture group agenda – an SLT perspective

Getting started and making a difference!

Levels of nurturing practice and nurturing the nurturers

Cheque made payable to: The Nurture Group Network Limited

18A Victoria Park Square, Bethnal Green, London E2 9PB

£

Address for invoicing

Tel Email

Purchase order number

Name of delegate/s Please print

1 2

3 4

School/organisation

Telephone/email of delegate

Special requirements
(please give any special requirements including dietary)

Conference programme

08:30 – 09:30	Registration
09:30 – 10:00	Yvonne Monaghan – Nurturing Schools & Queens University Belfast Nurture Groups Signature Project
10:00 – 11:00	Stuart Myers – Building resilience and inclusion
11:00 – 11:30	Break
11:30 – 12:30	Choose one of five workshops
12:30 – 13:30	Lunch
13:30 – 14:30	Choose one of five workshops
14:30 – 15:00	Jenny Turner – Mental health & wellbeing
15:00 – 15:30	Garry Freeman – Nurture groups & Progress 8
15:30	NGN thank you & close



The venue

Holiday Inn, Queen's Drive, Ossett, Wakefield WF5 9BE

Location

The Holiday Inn, Wakefield is conveniently situated just moments away from the A638 & the M1. If you are travelling by train, a taxi can take you to the hotel in just 10 minutes.

By road

From the North M1 take J40. At the roundabout, take the first exit off towards Wakefield. Keep in the right hand lane. At the second set of traffic lights turn right and the hotel is on your left. From the South M1 take J40. At the roundabout, take the third exit towards Wakefield. Keep in the right hand lane. At the second set of traffic lights turn right and the hotel is on your left.

Please bear in mind that road closures might be in operation throughout the city centre on event days.

By train

Wakefield railway station

Wakefield Westgate is three miles west of the hotel along Dewsbury Road A638.

Taxi charge (one way) is approximately £10.

