**What are the rules of isolation?**

The rules of isolation can be confusing for adults so it is understandable that many children or young people, and particularly those who have communication and interaction difficulties, find some of the messages confusing. Below are two slightly different flow charts to help explain the isolation process to.

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| Somebody in your class/bubble has tested positive with coronavirus.  School have said that you must stay at home (isolate) for 14 days. Other people in your class/bubble will also be staying at home. Other people in your household will not have to isolate unless they have been told to do so or if you start to get Coronavirus symptoms.  You will do your normal school work but at home.  You need to stay at home and not go out anywhere for the whole 14 days just in case you have the virus and pass it on to others. If you have an outdoor space at home you can go out there to get some fresh air.  You can play with your things at home and contact friends and family virtually.  When you have spent 14 days at home you will go back to school.  It is really important that we do this so that we are keeping ourselves and other people safe. |
| Somebody in your class cannot come to school because they are poorly.  School want to keep you and other people safe so they have asked you not to come to school. Some of your friends have also been asked not to go to school. Other people in your house will still be able to go out to work and school.  You will do school work at home.  You will have to stay at home for 14 days – you can go out except in your own outdoor space.  You can play with your things at home and speak to any friends and family who you do not live with using the telephone or computer.  When you have spent 14 days at home you will go back to school.  It is really important that we do this to keep everybody safe. |