

Interactive Young Driver Workshop

Developing safer driving life skills

- Duration 2 hours
- Delegate numbers up to 30 classroom
- Formats available

Classroom workshop



Overview

We are pioneering student focused road safety classes for students as young as **15 years old**.

Young drivers are sadly overrepresented in collision stats; **1 in 5** crash within their first year of driving and over **1,500** are killed or seriously injured each year.

With **7,630** casualties aged between **17-24**, in 2020, there is a clear case for road safety education to be given to year 12 and 13 pupils.

This **highly interactive** workshop is designed specifically to encourage students to engage with the subject of driving safety which includes insight into the **fatal five** of excess speed, mobile phone use, drink and drug driving, lack of seatbelt use and driver fatigue. Pupils are actively encouraged to ask questions and gain valuable knowledge on a valuable future **life skill**.

We believe teaching road safety to students will provide the next generation of road users a potentially **life-saving** set of practical skills before leaving school, leaving them better prepared for when they start learning how to drive.

Interactive Young driver workshop



At the end of the workshop, pupils will be able to:



Recognise the dangers inherent to their age group, what incidents they are likely to be involved in and how the fatal four can have an impact on their driving



Develop a strategy for the reduction of driver distraction including mobile phone use, peer pressure and eating and drinking



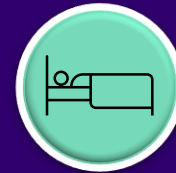
Explain the benefits of adopting a speed-aware action plan and how to identify varying speed limits in the absence of any signs



Understand the dangers inherent in not wearing a seat belt. Who is responsible and the consequences for not wearing one



Understand the dangers inherent in drug and drink driving, absorption rates and potential consequences of conviction



Understand how to spot the early onset signs of driver fatigue and the dangers inherent in micro sleeps, as well as how to develop a better before bed routine

Delivery method

The workshop is facilitated by a professional DBS checked driver trainer who will fully engage with participants to maximise the learning experience, draw out their views and opinions.

The 2-hour Interactive Young Driver Workshop, with breaks, can be conducted either face to face or via our virtual classroom approach.

All classes take advantage of our live voting software conducted on the pupils own mobile phone or tablet.

97.8% of the students would recommend the course to others

“The feedback has been very positive from both pupils and staff alike. The whole team at OneSchool Global have worked well with everyone at TTC, from course design reviews to scheduling the workshops throughout Europe. We now look forward to delivering next years’ courses and having safer drivers out on the road.”

Project Leader for OneSchool Global

Delivery formats available:



Classroom workshop

- Duration: **2** hours
- Delegates: up to **30** delegates

Workshop benefits



Develop drivers for a “Better Future”

Enable your students to start their driver education early, giving them a head start into being safer and better drivers in the future



Educate on a current non-curriculum-based subject

Be one of the pioneering schools or organisations that understands the importance of road safety for young drivers



Develop student “on-road competence and knowledge”

- Causes and consequences of speeding
- Consequences of drink and drug use when driving
- Understand the importance of wearing a seat belt
- Understanding of the dangers of driver distraction

Who should attend?

Any student who has either started learning to drive or is expecting to do so in the near future



Workshop outline

Introduction and guide to interacting with the workshop

How to set up your phone/ tablet so that you can interact with the course.

Setting the scene. Do we have a problem?

Interactive quiz designed to engage students and re-enforce the key areas that young drivers are prone to having, which result in driving incidents/serious injury or fatality.

Introduction to the Fatal five

An overview of the components that make up the Fatal five

Understanding drink and drug driving

- Absorption rates of alcohol in the body
- Alcoholic unit calculations
- The current national problem with drug driving
- What drugs drivers can be tested on
- Absorption rates of popular recreational drugs

Seat Belt Use

- Who is responsible for wearing one
- A guide to the impact not wearing a seat belt has on the human body
- Consequences for not wearing a seatbelt

Speed Management

- The history of speed limits in the UK
- What difference a small amount of extra speed can make
- What is acceptable speed?
- The physics of stopping
- How to recognise speed limits without looking for signs
- How speed is affected by passengers
- The consequences of speeding from a physical and legal perspective

Careless Driving

- What constitutes careless driving
- How the fatal five can play a part in careless driving

Driver Fatigue

- Understanding your chronotype
- How much sleep do we need
- Our internal body clock
- Micro sleeps
- Alcohol and sleep
- Before bed plan

Managing Distraction

- Different forms of distraction
- Interactive demonstration of how mobile phone use destroys our ability to concentrate and can destroy others lives
- How passengers and peer pressure can influence the way we drive
- How music effects the way we drive
- Eating and drinking, is it legal and what are the consequences for doing it?

Workshop outline

What makes a good driver?

An insightful look into what key components a driver needs to be safe and how they can learn to not only understand these vital traits but see a lack of them in other drivers.

Driving for a Better Future Plan

- Understanding what is important to us and how being a safe driver can make a BIG difference to your own goals and aspirations
- Choosing the right instructor
- Learning from the desirable and not so desirable behaviour of other drivers



Logistics – classroom delivery

Our **Interactive Young Driver Workshop** is designed to be taken either in a real classroom environment. In order to facilitate this for all attending a **real classroom environment** you will need:

- A room big enough to comfortably seat all attending
- A Screen and projector or suitable TV to display the content
- Mobile phone with internet access + enough battery for 2.5 hours for each pupil



To book

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Developing safer drivers for tomorrow's roads

