

Driving to School

If you use your car for the school run, here is how you can help:

- Keep the school entrances clear.
- Don't cause congestion outside school, park further away and walk.
- Don't stop on/or opposite 'School Keep Clear' zig zag markings. They are there to provide a clear area for children to cross the road safely.
- Turn off your engine whilst waiting. This will cut pollution and harmful gases linked to asthma and other lung diseases.
- Ensure children get out of the car on the pavement side.
- Always make sure everyone wears their seat belt.
- Children need a car seat or booster until they reach 135cm or 12 years old. High back boosters are recommended as they offer better protection as well as head and neck support.



Find out whether there is a **Park and Stride** scheme operating at your child's school. These schemes allow you to park at an agreed location and walk the last part of the journey. If there's not a scheme set up already, perhaps you could work with the school to organise one?



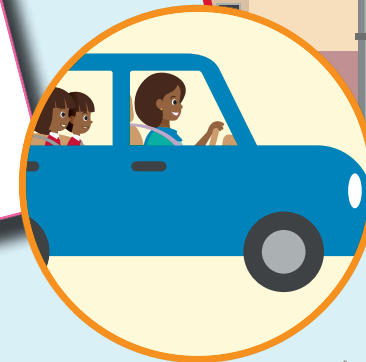
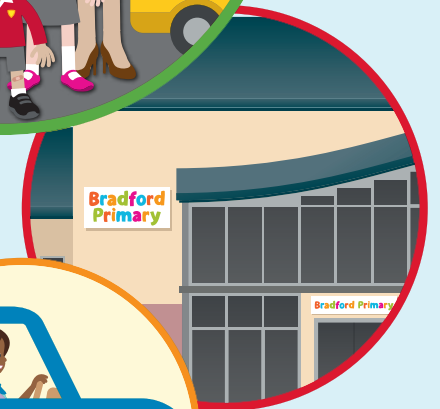
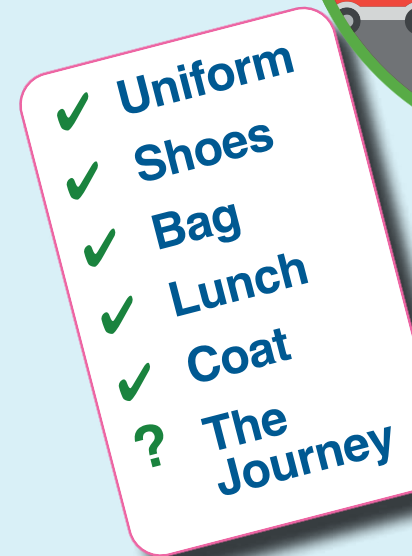
Travelling by bus or taxi



- Ensure your child gets safely to the agreed pick-up point; arriving in good time.
- It is essential that your child understands the importance of good behaviour.

The wording in this publication can be made available in other formats such as large print and Braille. Please call: 01274 437409.

Starting School Getting there safely



Walking to school

Do you really need the car

- Children who walk to school are more alert and more attentive than those who travel by car.
- Walking to and from school helps to keep children fit. The exercise is good for you too!
- The walk to school can be used to help children develop the necessary skills to stay safe when out and about.
- Walking is FREE – think of what you can save in a week!



Safer places to cross

Where possible use safer crossing places, these include:

- A traffic island
- A zebra crossing
- A pelican or puffin crossing
- A school crossing patrol



Cycling or scooting to school

Make sure that:

- Your child has a securely fitted helmet.
- The bike/scooter is the right size for them and is in road worthy condition.
- The school has somewhere to store the bike/scooter.



The Green Cross Code

- First find a safe place to cross then **stop**.
- Stand on the pavement near the kerb.
- **Look** all around for traffic and **listen**.
- If traffic is coming, let it pass and look all around again.
- When there is no traffic near walk straight across the road.
- Keep looking and listening for traffic while you cross.



Children should always walk on the side of the pavement furthest away from the road.

Hold your child's hand and don't allow them to run ahead or lag behind.



Make sure your child can be seen.

Fluorescent materials are good for daytime.

Reflective materials are good in the dark.



Remember, your children learn from you and will copy your behaviour. However, you choose to travel, always set a good example.