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Health Trainer

Training Course

September 2014

**Would you like to train to become a Health**

**Trainer ? We are looking for people who**

**once trained are able to work for at least**

**10 hours per week as a Health Trainer.**

**Health Trainers support people on a one-to-one basis**

**or in a group setting to make lifestyle changes to**

**improve their health.**

We are looking for people with experience of living or working in the outer estate areas within Bradford and Keighley and also welcome applications from the Roma, Central and East European and Bangladeshi communities – who speak English as well Polish, Slovak or Bangla - (Sylheti dialect).

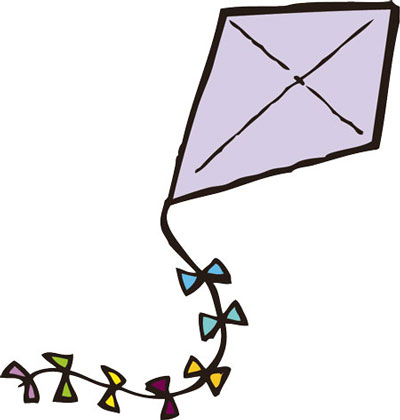
**For further information or to request an application pack, please call the Health Trainer Helpdesk 01274 777527**

**or email** [**healthtrainers@bdct.nhs.uk**](mailto:healthtrainers@bdct.nhs.uk)

*Please note the deadline for receipt of application forms is Friday 15th August 2014*

*Please display the poster until the deadline.*

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**You and Your Care**

Specialist Services