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Health Trainer Training Course

Autumn 2014

**We are looking for people who are interested in gaining a qualification and working a minimum of 10 hours per**

**week as a Health Trainer. Health Trainers support**

**people on a one-to-one basis or in a group setting to**

**make changes to improve their health.**

We are looking for people with experience of living or working in

the outer estate areas within Bradford and Keighley and also

welcome applications from the Roma, Central and East European

and Bangladeshi communities – who speak English as well Polish,

Slovak or Bangla - (Sylheti dialect).

**For further information come along to**

**one of our information sessions:**

**Monday 21st July 2014 - 1pm - 3pm**

Youth Cafe, Bingley Pool, BD16 2LF

Talks will begin at 1pm and 2pm.

**Wednesday 23rd July - 9.45am - 11.45am**

Park Lane Centre, Park Lane, BD5 0LN.

Talks will begin at 9.45am and 10.45am.

**Thursday 24th July 2014 - 1pm - 3pm**

Sandale Community Centre, Woodside, BD6 2RB.

Talks will begin at 1pm and 2pm.

**Monday 28th July – 1pm- 3pm**

Central Hall, Alice Street, Keighley, BD21 3JD

Talks will begin at 1pm and 2pm.

**Or to request an application pack call the Health Trainer Helpdesk on 01274 777527 or email** **healthtrainers@bdct.nhs.uk**

*Please note the deadline for receipt of application forms is Friday 15th August 2014 at 3pm.*

*Please display the poster until the deadline.*

* **Roma**
* **Central And East European**
* **Bangladeshi**
* **Gypsy and Traveller**

**If you are from the Roma, Central and East European or Bangladeshi community, you should be able to speak Polish, Slovak or Bangla- (Sylheti dialect) as well as English.**







**You and Your Care**

Specialist Services