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| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **COHORT 1**(first year 2021-22) | * (MHC Core meeting)
 | * MHC+ meeting - virtual
 | * (MHC Core meeting)
* 1:1 contact to review ongoing progress against existing Action Plan, and make a new Action Plan focusing on one area of the MHC+ audit
 | * MHC+ meeting – virtual/live
 | * (MHC Core meeting)
 | * MHC+ meeting – virtual/live
* Repeat RAG ratings on identified section of MHC+ audit
* 1:1 contact to evaluate progress against Action Plan and audit
 |
|  **- - - - - *Ongoing activities relating to Action Plan, including gradual access to further Healthy Minds training packages as necessary* - - - - -**  |
| **COHORT 2**(first year 2022-23) | * (MHC Core meeting)
* Sign up to MHC+
 | * MHC+ meeting - virtual
* Complete one section of the MHC+ Audit
* 1:1 contact to develop Action Plan
 | * (MHC Core meeting)
* Request access to one Healthy Minds whole-school intervention training package
 | * MHC+ meeting – virtual/live
* 1:1 contact to review ongoing progress against Action Plan
 | * (MHC Core meeting)
 | * MHC+ meeting – virtual/live
* Repeat RAG ratings on identified section of MHC+ audit
* 1:1 contact to evaluate end-of-year progress against Action Plan and audit
 |
|  ***Ongoing activities relating to Action Plan, including implementation of Healthy Minds package*** |