|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **COHORT 1**  (first year 2021-22) | * (MHC Core meeting) | * MHC+ meeting - virtual | * (MHC Core meeting) * 1:1 contact to review ongoing progress against existing Action Plan, and make a new Action Plan focusing on one area of the MHC+ audit | * MHC+ meeting – virtual/live | * (MHC Core meeting) | * MHC+ meeting – virtual/live * Repeat RAG ratings on identified section of MHC+ audit * 1:1 contact to evaluate progress against Action Plan and audit |
| **- - - - - *Ongoing activities relating to Action Plan, including gradual access to further Healthy Minds training packages as necessary* - - - - -** | | | | | |
| **COHORT 2**  (first year 2022-23) | * (MHC Core meeting) * Sign up to MHC+ | * MHC+ meeting - virtual * Complete one section of the MHC+ Audit * 1:1 contact to develop Action Plan | * (MHC Core meeting) * Request access to one Healthy Minds whole-school intervention training package | * MHC+ meeting – virtual/live * 1:1 contact to review ongoing progress against Action Plan | * (MHC Core meeting) | * MHC+ meeting – virtual/live * Repeat RAG ratings on identified section of MHC+ audit * 1:1 contact to evaluate end-of-year progress against Action Plan and audit |
| ***Ongoing activities relating to Action Plan, including implementation of Healthy Minds package*** | | | |