

www.phunkyfoods.co.uk

Three pillars of healthy lifestyles:

Phunkyfood - healthy eating

Phunkyfit - physical activity

Phunkyminds - emotional well-being.



BASIC PACKAGE

£595 (Schools) or £395 (Early Years) for the 1st year's subscription to the programme, including;

- 1 year subscription to the PhunkyFoods Programme website with access to early years programme, primary lesson plans, classroom and whole setting activity ideas, recipes, cook club, gardening club, breakfast club ideas and much more!
- PhunkyFoods resource box. Classroom resources include giant Eatwell Guide floor mat, food photo cards, workbooks, interactive classroom activity DVDs, songs and so much more ...
- 1 place on our National Level 2 Award in "Nutrition and Health of School Aged Children" (NCFE) – perfect for staff CPD or for upskilling catering staff or parent volunteers.

£150 (Schools and Early Years) for on-going annual renewal, including;

- 1 year subscription to the PhunkyFoods Programme website with access to early years programme, primary lesson plans, classroom and whole school activity ideas, recipes, cook club, gardening club, breakfast club ideas and much more!
- New annual classroom resource to build on resource box
- 1 place on our National Level 2 Award in "Nutrition and Health of School Aged Children" (NCFE) – perfect for staff CPD or for upskilling catering staff or parent volunteers.

SUPPORTED PACKAGE

£1,450 (Schools) or £1,250 (Early Years) for a 2 year membership, including;

- 2 year subscription to the PhunkyFoods Programme website with access to early years programme, primary lesson plans, classroom and whole school activity ideas, recipes, cook club, gardening club, breakfast club ideas and much more!
- PhunkyFoods resource box. Classroom resources include giant Eatwell Guide floor mat, food photo cards, workbooks, interactive classroom activity DVDs, songs and so much more ...
- Access to our Local Engagement and Development Coordinator who will deliver;
 - Introductory meeting
 - 2 whole setting staff training events (one per year)
 - School/Setting Health Check/Audit (and Action Plan) and two review sessions
- 2 places on our National Level 2 Award in "Nutrition and Health of School Aged Children" (NCFE) – perfect for staff CPD or for upskilling catering staff or parent volunteers.
- Help with meeting evaluation and assessment of the programme using our PhunkyFoods annual Settings Survey, and an annual Pupil Survey (primary only).

Inspiring Healthy Schools, Inspiring Healthy Futures

PhunkyFoods | 46 Cheltenham Mount | Harrogate | North Yorkshire HG1 1DL

Telephone: 01423 858123 | Fax: 01423 858124 | Email: help@phunkyfoods.com | www.phunkyfoods.com

ADDITIONAL SERVICES

Pupil Healthy Eating Workshops £385/day or £199/half day

Delivery of hands-on healthy eating sessions within school across the day (maximum of 4 pupils sessions/day). Choose from one of our six PhunkyFoods key messages, or give us a topic of your choosing. Where appropriate all ingredients are included in the price (within reason of course!).

Parent Healthy Eating Workshops £89/session or £499/series of 6

Choose from one of our six themed workshops covering the six PhunkyFoods key healthy lifestyle messages. Where appropriate all ingredients are included in the price.

Themed Messages Package (3 messages/year) £1,550/year

Assemblies + Pupil + Parent workshops on your chosen PhunkyFoods key message.

Choose a different message to focus on each term from our six PhunkyFoods key messages. Where appropriate all ingredients are included in the price. Maximum of 4 pupil sessions/day. *Delivery should be spread over two days.*



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