

# YORKSHIRE CHAMPIONS GROUP



**Lorna Dodd**  
**Firefighter**

### Background Information:

I am a firefighter; I've worked for West Yorkshire Fire and Rescue service since 2016. I consider my crew as my second family, going to work is like going to a second home. In school I didn't know what I wanted to do, I simply chose subjects that I enjoyed doing and thought I liked the idea of being a lorry driver.

I came away from education with a sports science degree, and a bundle of different life experiences. My first part time job was at a local independent cinema as a general assistant and I worked my way up to shift manager and projectionist.

My learning didn't finish at university; in my second role as a sports hall assistant, I gained a level two cycle coaching qualification.

Juggling my third part time job as a Bike ability instructor, I worked alongside firefighters which sparked my interest to give their recruitment process a go.

My first written application was unsuccessful and my upper body strength wasn't enough. It wasn't an easy road, but worth every struggle. With hard work and dedication, I started as an on-call firefighter at Mytholmroyd, I now work as a full-time firefighter based in Halifax.

In my free time I enjoy cycling, running and more recently open water swimming. I started cycling about the same time I learned to walk and have been competitively running from the age of 15 years old. My passion for swimming started during covid. In July 2022, at only my second triathlon, I qualified to represent Great Britain in my age category at the 2023 Triathlon World Championships.

### Sectors worked in and routes taken:


### What I would like to get involved in: (please tick)

Inspirational Talk	Visits to my place of work	Mentoring / Coaching young people	Other (please state)
✓	✓	✓	