



## Essential Life Skills Programme Opportunity Guide

### Introduction

As part of the Bradford Opportunity Area Programme delivery ([more details here](#)), and in particular, **Priority 3 – Improving Access to Rewarding Careers**, Bradford Council and the Bradford Pathways team will work with partners to develop an on-line facility to enable schools and colleges to identify appropriate providers that can support them with developing essential skills for life and work amongst their students. Support and funds will be made available to schools and colleges for extra-curricular activities that can help to develop non-cognitive abilities – i.e. ‘essential life skills’, these include abilities and skill such as:

- Resilience, perseverance and persistence.
- Hard work, self-control, discipline, good time-keeping.
- Self-confidence, leadership and team-working.
- Honesty, integrity and engaged citizenship.
- Attitude, respect and empathy.
- Curiosity and problem-solving.

This facility will build on work undertaken to promote the Education Covenant ([details](#)) and align with Bradford Pathways Framework and the Bradford Pathway Essentials Skills element of the framework (document attached).

### Expressions of Interest

We are now seeking expressions of interest from providers that wish to be included in the prospectus that will be made available to schools and colleges.

Providers should be able to demonstrate the following:

- They have a programme(s) of relevant activities that can support the development of essential life skills.
- They have a track record of delivering these programmes/activities in one or more schools/colleges.
- They can evidence successful outcomes of support.
- They are financially solvent.
- They are legally compliant with requirements for working with students.

The full details required are set out in Annex A.

We have a short timescale for providing the information to schools, so that they can plan their programmes, and request that information is provided no later than **12 noon 1<sup>st</sup> February 2018**. Whilst we have an additional deadline of 9<sup>th</sup> February and will accept later submissions, as the prospectus will be updated regularly, we do however, expect schools and colleges to make use of the information as soon as it is available, so organisations submitting at the later date, may miss out on opportunities.

### **How the Information will be used**

The information about providers will be made available through the Council's Bradford Schools On-line portal.

Information will be provided at 2 levels as follows:

Level 1: Collated listing of all provision (with one line per activity provided)

- Provider Name
- Summary of activities
- Target groups supported
- Essential Life Skills supported
- Outcomes from support
- Costs for provision.

Level 2: Individual organisation details (this will be available in a PDF format and through a link from the first level)

- Provider Name
- Logo
- Summary about the organisation

- Contact information & website
- Details of activities provided
- Essential Life Skills supported
- Cost per activity
- Schools worked with
- Membership of consortia (if applicable)

Schools and colleges will have access to this information to enable them to develop programmes of support for their students. Schools and colleges will make direct contact with any providers that they wish to work with.

**Disclaimer:** Providers should note that submitting the expression of interest or inclusion in the prospectus do not constitute commitment to take up any service provision.

### **Where to return the Expression of Interest**

Please submit the completed expressions of interest to:

Courtney White

Email: [courtney.white@bradford.gov.uk](mailto:courtney.white@bradford.gov.uk)

Tel: 01274 434172



## Essential Life Skills Programme Opportunity

### ANNEX A: EXPRESSION OF INTEREST FORM

#### 1. Contact information

<b>Organisation Name</b>	Lupine Adventure Cooperative	<b>Main Contact Name</b>	Clive Nutton
<b>Address</b>	6a Rodley Lane,	<b>Position</b>	Director
<b>Town/City</b>	Rodley, Leeds,	<b>Telephone Number</b>	0113 410 3712
<b>Postcode</b>	LS13 1HU	<b>Mobile Number</b>	07917 104823
<b>County</b>	West Yorkshire	<b>E-mail</b>	clive@lupineadventure.co.uk
<b>Website</b>	www.lupineadventure.co.uk		

## 2. Organisation information

Structure (Please tick one box)				Registration	
Sole Trader		Public Sector Organisation		Company Registration Number	06378809
Partnership		Charitable Organisation		Charities, Housing Association or any other registration number (if applicable). Please specify registering body:	
Public Limited Company		Voluntary/3rd Sector		Date of Registration:	24 September 2007
Private Limited Company	Y	Other (please state)	Co-op	Registered address including full post code if different from 1 above:	

## 3. Organisation Summary Description

Please give a brief description of your primary business and main products and services (maximum 200 words)
<p>Lupine Adventure is a not-for-profit workers' co-operative offering hill and mountain based outdoor recreation, education and training. We've been trading for over 10 years and have 5 full time members of staff who split their time between the office and the outdoors and a part time finance worker. Additionally we engage staff from a pool of around 150 freelance outdoor education professionals with a wide range of experience in different educational settings.</p> <p>We provide the following services:</p> <ul style="list-style-type: none"> <li>• Duke of Edinburgh's Award expedition organisation and support – training, expedition logistics, supervision and assessment</li> <li>• Delivery of adventurous outdoor activities on the National Citizen Service, Phase 1, Adventure residential component</li> <li>• Guided hillwalking</li> <li>• Accredited mountain skills and navigation training</li> <li>• Organisation and support of sponsored charity challenge walks for children, young people and adults</li> <li>• Rock climbing activities and training</li> <li>• Other outdoor activities events including problem solving games</li> </ul>

The majority of our participants are Key Stage 3 and above, including adults, though we have also worked with Key Stage 2.

#### 4. Track Record

##### a. Please give details of your experience in delivering proposed activities in schools and colleges (maximum 300 words)

We have over 10 years' experience of delivering our work in schools, colleges, referral units, universities and other youth organisations (cadets, scouts, local authority youth services, National Citizen Service). During the 2018 delivery season we ran over 150 events deploying over 400 staff.

Our feedback from clients is routinely highly positive and our clients' high regard is supported by the free training resources we make available to the "DofE community" through our website.

##### b. Please give details of key impact and outcomes achieved from the support provided (maximum of 200 words)

Adventurous outdoor activity has established potential for supporting a range of academic and personal development outcomes and much depends on the negotiated objectives of the client and provider and the existing capacities of participants and the potential of the activities and environment. All of this is context specific and subject to negotiation with the client. Typical outcomes might be:

- Greater awareness of opportunities to enjoy healthy lifestyles through new types of physical activity
- Experiencing reward through application of hard work, self-control, discipline, resilience, perseverance and persistence
- Developing self-confidence through achieving a sense of increased capacity
- Developing leadership, problem-solving and team-working abilities by taking supported responsibilities in different roles
- Developing a sense of engaged citizenship through awareness of other communities and value for special landscapes and how these might be safeguarded
- Increased empathy through shared experience of challenge and supporting others
- Increased curiosity, knowledge and understanding through supported inquiry into unfamiliar communities and landscapes
- Increased ability to balance risks against reward by participating in supported, appropriate risk management

**c. Please List schools/colleges that you have worked in (Bradford schools/colleges first)**

The following is a list of schools/colleges that Lupine have worked with during the 2018 delivery season

**Bradford Schools/Colleges**

Appleton Academy, Bradford - Shipley College, Bradford

**Other Local Schools/Colleges**

Ermysted's Grammar School, Skipton - Harrogate Grammar School - Horsforth School, Leeds - Ilkley Grammar School, Ilkley - Prince Henry's Grammar School, Otley - Ralph Thoresby School, Leeds - Skipton Girl's High School

**Other Schools/Colleges**

Bellerby's College, Cambridge - Bowdon Church School, Altrincham - Camden Girls School, London - Carnforth High School - Colfes School, London - Cressey College, Croydon - Edward VI School, Birmingham - Epping Forest College - Epsom College, Surrey - Hungerhill School, Doncaster - King's College, London - King's Priory School, Tynemouth - Nottingham High School - Redborne Upper School, Bedford - Rochdale Islamic Academy - Royal Latin School, Buckinghamshire - Silcoates School, Wakefield - South Hampstead High School, London - St Catherine's School, Surrey - St John Fisher Catholic High School, Harrogate - The Crypt School, Gloucester - Wakefield Independent School - Warlingham School, Croydon - Warwick School

**d. Proposed Activities /Programmes (one table to be completed for each activity you wish to offer)**


<b>Activity Title</b>	Guided Mountain Challenge Activity Day (typically Yorkshire Dales, 3 Peaks area)
<b>Summary of Activity (100 words max)</b>	A full-day activity at a negotiated venue appropriate to the abilities and objectives of participants. The activity could make a good sponsored challenge or link with the curriculum or wider personal development objectives. Participants are supported in taking on a challenge of persistence in order to experience reward. Clients would be responsible for transport to and from the venue.
<b>Target groups supported (please use code in annex B)</b>	B,C,D,E
<b>Pathway Essentials Skills Supported (please use code in annex B)</b>	A, C, D, I, J, K, L
<b>Essential Life Skills Outcomes</b>	A, D, E, G, H

<b>(please use code in annex B)</b>	
<b>Cost for delivery of this activity</b>	Venue dependent, but around £500 for day's activity for a group of up to 33 participants. Groups of up to 11 or 22 and activities in less challenging terrain (eg. moorland, lowland) may be cheaper as different supervision regimes can be supported. Other guided walks, orienteering or navigation activities are available by arrangement

<b>Activity Title</b>	Rock Climbing Adventure Activity Day (typically Ilkley, Cow and Calf Rocks area)
<b>Summary of Activity (100 words max)</b>	A taster activity at an outdoor rock-climbing venue (though with the potential to develop further skills through repeated sessions) coupled with a navigation adventure journey around the climbing venue. Participants are supported in evaluating risk and reward, challenging themselves and taking positions of responsibility and trust for their and others' safety. Clients would be responsible for transport to and from the venue.
<b>Target groups supported (please use code in annex B)</b>	B,C,D,E
<b>Pathway Essentials Skills Supported (please use code in annex B)</b>	A, C, D, F, G, H, I, J, L
<b>Essential Life Skills Outcomes (please use code in annex B)</b>	A, D, E, F, G, H, I, J, K
<b>Cost for delivery of this activity</b>	Venue dependent but around £650 for a day's activity for a group of up to 32 participants. Groups of up to 8, 16 and 24 are cheaper as different supervision regimes can be supported. Half days, after-school clubs and other climbing activities are available by arrangement.



**Additional information (Checklist):**

1	Organisational logo in JPEG format (Please attach)	
2	Please confirm that you are able to provide at least 2 years of financial accounts, if required	Yes
3	Please confirm membership of any consortia (e.g. Young Lives Bradford Consortium), if applicable	N/A
4	Please confirm you are able to provide at least 2 references evidencing track record, if required	Yes

## ANNEX B: REFERENCE CODES FOR USE IN ACTIVITY TABLES

TARGET GROUPS SUPPORTED	
A	Key Stage 1
B	Key Stage 2
C	Key Stage 3
D	Key Stage 4
E	Post 16

PATHWAYS ESSENTIALS SKILLS SUPPORTED (see attached)		OUTCOMES	
A	Global Awareness	A	Healthy & Fit
B	Financial, economic, business & entrepreneurial literacy	B	Creative
C	Civic literacy	C	Moneywise
D	Health literacy	D	Confident
E	Creativity & Innovation	E	Motivated & Aspirational
F	Critical thinking & problem solving	F	Neighbourly & having community spirit
G	Communication & collaboration	G	Resilient, demonstrating persistence & grit
H	Flexibility & adaptability	H	Flexible
I	Initiative & self-direction	I	Clear communicator
J	Social & cross-cultural skills	J	Curious & able to problem solve
K	Productivity & accountability	K	Tolerant & respectful
L	Leadership & responsibility	L	Honest, demonstrating integrity & dignity