

Mental Health Champions Project



The Mental Health Champions Project was set up to provide support for schools in dealing with children and young people with low level mental health or emotional wellbeing difficulties.

The project is not intended to replace specialist support, but is a way that schools can access information and guidance for staff carrying out their day to day roles and responsibilities.

Although the project has been running on an 'opt in' basis for a number of years, **all schools in Bradford are now expected to join the project.**

Schools should nominate a 'Mental Health Champion' who acts as a point of contact in school and who attends six meetings per year where they receive training and supervision related to issues affecting the mental health of children and young people.

The project is fully funded by the Clinical Commissioning Groups in Bradford, and therefore costs to schools are minimal, and mainly limited to the costs of sending Champions to the six meetings.

The project is managed and delivered by Bradford Educational Psychology Team, meaning that training and support is based on up to date research and evidence-based practice.

Meeting Dates

Please find below a list of target weeks and proposed themes for network meetings this year. (Full details are on the Skills4bradford website). Network meetings are intended to be delivered in area hubs to support local links and sharing of resources:

Mondays: **West** Tuesdays: **North** Thursdays: **South** Fridays: **East**

Each area is allocated the choice of either a morning or afternoon session. Champions should book their preferred session on the Skills4bradford website: See below link (registration required).

link: <http://www.skills4bradford.co.uk/Training> (Training & Events)

Search by "Provider" which is **Educational Psychology** also add in "Keyword" **MENTAL**

To nominate MHChampions please email: MHChampions@bradford.gov.uk

Dates	Proposed Theme
w/c 2nd December	Relaunch and introduction
w/c 3rd February	Depression and anxiety
w/c 23rd March	Coping with transitions
w/c/ 18th May	Self-harm and suicidal thoughts
w/c 29th June	Healthy relationships



Skills 4
Bradford



North

Addingham Primary School
All Saints' CE Primary School (Ilkley)
Ashlands Primary School
Baildon CE Primary School
Beckfoot Oakbank Academy
Beckfoot Priestthorpe Primary School
Ben Rhydding Primary School
Bingley Grammar School
Burley & Woodhead CE Primary School
Burley Oaks Primary School
Christ Church Primary Academy
Cottingley Village Primary School
Crossflatts Primary School
Cullingworth Village Primary School
Denholme Primary
East Morton CE Primary Academy
Eastburn Junior and Infant School
Eastwood Primary School
Eldwick Primary School
Glenaire Primary School
Harden Primary Academy
Haworth Primary Academy
Holycroft Primary School
Hoyle Court Primary School
Ilkley Grammar School
Ingrow Primary School
Keighley St Andrew's CE Primary School
Laycock Primary School
Lees Primary Academy
Long Lee Primary School
Low Ash Primary School
Menston Primary School
Merlin Top Primary Academy
Myrtle Park Primary School
Nessfield Primary School
Oakworth Primary Academy
Oldfield Primary School
Our Lady of Victories Catholic Primary Academy
Oxenhope CE Primary Academy
Parkside School
Parkwood Primary School
Riddlesden St Mary's CE Primary
Saltaire Primary School
Sandal Primary School and Nursery
Sandy Lane Primary School
Shipley CE Primary School
Silsden Primary School
St Anne's Catholic Primary Academy
St Anthony's Catholic Primary School (Shipley)
St Joseph's Catholic Primary School (Bingley)
St Joseph's Catholic Primary, Keighley
St Walburga's Catholic Primary School
Stanbury Village School
Steeton Primary School
The Holy Family Catholic School
The Sacred Heart Catholic Primary Academy
Titus Salt School
Trinity All Saints CE Primary School
University Academy Keighley
Victoria Primary School
Wilsden Primary School
Worth Valley Primary
Wycliffe CE Primary School

South

Appleton Academy
Appleton Academy
Brackenhill Primary School
Bradford Academy
Bradford Academy
Bradford Forster Academy
Buttershaw Business & Enterprise College Academy
Carrwood Primary School
Farfield Primary
Fearnville Primary School
Foxhill Primary School
Hill Top CE Primary School
Hollingwood Primary School
Home Farm Primary School
Knowleswood Primary School
Low Moor CE Primary School
Lower Fields Primary School
Newhall Park Primary School
Queensbury Academy
Reevy Hill Primary School
Russell Hall Primary School
Ryecroft Primary Academy
Shibden Head Primary Academy
Shirley Manor Primary Academy
Southmere Primary Academy
St Columba's Catholic Primary School
St John The Evangelist Catholic Primary
St John's CE Primary School
St Matthew's CE Primary School
St Paul's CE Primary School
St Winefride's Catholic Primary
Stocks Lane Primary School
Tong Leadership Academy
Wibsey Primary School
Woodlands CE Primary School
Woodside Academy
Worthinghead Primary School

East

All Saints' CE Primary School (Bradford)
Bankfoot Primary School
Barkerend Academy
Blakehill Primary School
Bowling Park Primary School
Byron Primary School
Carlton Bolling College
Cavendish Primary School
Dixons City Academy
Dixons Marchbank Academy
Dixons McMillan Academy
Dixons Music Primary
Dixons Trinity Academy
Fagley Primary School
Feversham College
Feversham Primary Academy
Greengates Primary School
Grove House Primary School
Hanson School
High Craggs Primary Academy
Holybrook Primary Academy
Horton Park Primary
Idle CE Primary School
Immanuel College Academy
Killinghall Primary School
Laisterdyke Leadership Academy
Lapage Primary School and Nursery
Marshfield Primary School
Newby Primary School
Our Lady & St Brendan's Catholic Primary School
Parkland Primary School
Peel Park Primary School
Poplars Farm Primary School
Rainbow Primary Free School
St Clare's Catholic Primary School
St Francis' Catholic Primary School
St Joseph's Catholic Primary School (Bradford)
St Luke's CE Primary School
St Mary's and St Peter's Catholic
St Oswald's CE Primary Academy
St Stephen's CE Primary School
Swain House Primary School
Thackley Primary School
Thornbury Academy
Thorpe Primary School
Wellington Primary School
Westminster CE Primary Academy

West

Atlas School
Beckfoot Academy
Beckfoot Allerton Primary Academy
Beckfoot Heaton Primary Academy
Beckfoot Thornton Academy
Beckfoot Upper Heaton Academy
Belle Vue Girls' Academy
Bradford Girls Grammar (Free School)
Bradford Girls Grammar (Free School)
Clayton St John's CE Primary Academy
Clayton Village Primary School
Cophorne Primary
Crossley Hall Primary School
Dixons Allerton Academy
Dixons Allerton Academy
Dixons Kings Academy
Dixons Manningham Primary Academy
Farnham Primary School
Frizinghall Primary School
Girlington Primary School
Grange Technology College
Green Lane Primary
Heaton St Barnabas' CE Primary School
Horton Grange Primary
Iqra Primary Academy
Keelham Primary School
Ley Top Primary School
Lidget Green Primary School
Lilycroft Primary School
Lister Primary School
Margaret McMillan Primary School
Miriam Lord Community Primary School
Oasis Academy Lister Park
One In A Million (Free School)
Princeville Primary School and Children's Centre
Samuel Lister Academy
St Anthony's Catholic Primary School (Clayton)
St Bede's & St Joseph's Catholic College
St Cuthbert & the First Martyrs' Catholic Primary
St James' Church Primary School
St Matthew's Catholic Primary School
St Philip's CE Primary Academy
St William's Catholic Primary School
Thornton Primary School
Westbourne Primary School
Whetley Primary Academy