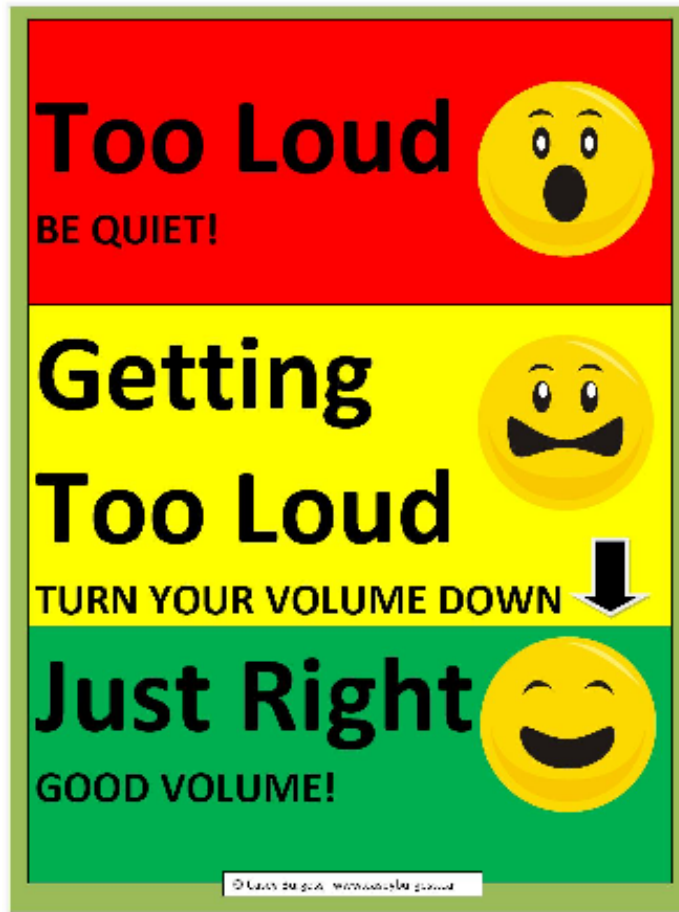


Noise



Why use visual structure to help with noise?

- Children on the autism spectrum can find it difficult to modulate the volume at which they speak. Using a visual prompt can help them identify when they are getting too loud or what is the expectation of noise in that lesson etc.

How to use

- Charts similar to the one on the left could also be in the form of a set of cards.
- Home made volume dials to turn up or down provide a visual and interactive way of illustrating reducing or increasing voice level
- 'Swingometer' type indicators with arrows pointing to different zones are useful to describe the type of noise expecting in class for example 'silence, whisper, chatting with a partner etc. Consider whole class as well as individual

Where next?

- Practise different voice levels in social skills lessons so child can experience e.g. what a quiet, 'normal' voice feels like.