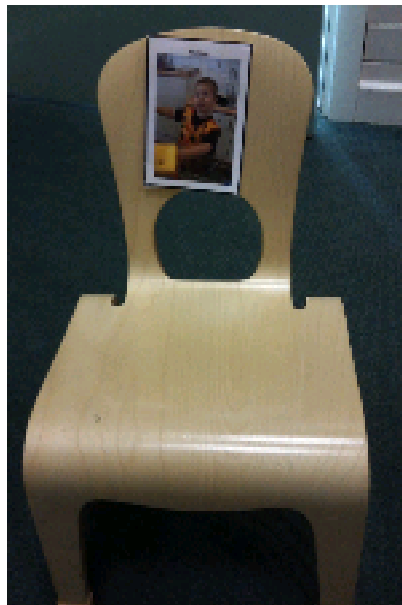


Having Specific Areas to Sit



Why indicate a specific area to sit?

- Adults often can visualise the area they mean when they use instructions like 'sit in the book corner' or read a book over there'. Some children need a much more specific instruction such as 'sit on the green rug' because this is precise and unambiguous.

How to use

- With a defined sitting area marked by the rug the expectation here is clear for the child.
- If other children use the area at the same time they need to be aware that they do not sit on the green rug.
- Putting the child's photo on the chair you want them to sit on makes it very clear to them where they have to go. .
- Having a photo can help with transition e.g. if the child has to move to a different room for another activity such as music or dinner.

Where next

- Moving the photo to different chairs rather than having the same chair all the time reduces rigid behaviour and dependency on the same object
- Fading the use of the visual prompt and rewarding the child or sitting in the correct place without a picture.
- Keep the picture in new or confusing situations and then slowly fade these if the child is coping.