

Examples of Metacognitive Questions

Metacognition is the process of thinking about one's own thinking

In a learning task, metacognitive questions might include:

Before the task

What do I already know about this?

What do I need to do first?

What is the best way for me to start this task?

During the task

What do I need to do next?

Who will help if I get stuck?

Is my strategy working?

After the task

How could I have done this differently?

What did I do well?

What do I need to remember about this task?