

Jamie's MINISTRY OF FOOD

BRADFORD

“Children who learn to cook are hungrier for healthier choices”
Jamie Oliver

We are passionate about teaching children and young people about food and believe that food preparation is a great way to develop confidence and skills which can be transferred to other areas of learning.

The Ministry of Food team is here to give your teaching staff a helping hand with any food related topic in order to meet the recent addition of food preparation on the national curriculum.

How about pupils, parents and teachers cooking together?

The Ministry of Food offer a range of cooking packages which can be delivered at your school and/or at our fully equipped cooking centre in Bradford centre.

We offer a range of options for schools:

One-off sessions

One off - 2 hour cooking sessions at your school. Ingredients and equipment are provided.

All you need to have ready is enthusiastic learners and suitable hand washing/washing up facilities.

Maximum number of learners – 32
Cost £130

Bite size Ministry of Food Programme

We can also help to inspire your teaching staff with ready built food lessons. Our Ministry of Food Bite Size programme has been designed specifically to help organisations deliver the structured, evidence based cooking course with confidence in your area.

By the end of the 5 day programme the trainers will be competent in teaching a range of cooking skills and will be trained to share accurate knowledge.

Your school will have access to the Bite-Size Training Manual, Jamie's nutritional message, 8 -10 lesson plans, recipes and talking points, nutritional posters and certificates.



Ministry of Food Short Course

Mini programme 4 weeks covering hands on cooking skills and healthy eating topics. Teaching shared between school and Ministry of Food centre.

Suggested topics.

Week 1 All about breakfast (School based)

Week 2 Enjoy your vegetables, (Ministry of Food)

Week 3 Try new foods (School based)

Week 4 - Make your own fast food (Ministry of Food)

Workshops last 1 ½ hours

Maximum number of learners – 12

Cost £400

Ministry of Food 8 week course

Comprehensive cooking skills, nutritional skills and learning around a themed weekly topic in order to promote healthier eating.

All learning is held at our purpose built food centre 29 John Street BD1 3JS. Workshops last 1 ½ hours

Maximum number of learners – 12

Cost £48 per person

If you would like further information about any of the services that we offer please contact the Ministry of Food on 01274 435279 or email soraya.overend@bradford.gov.uk We look forward to cooking with you!