

**FREE
Online
programme**



Stretch with Stories for pre-schoolers

Join Bradford Libraries & Yoga specialists Diddly Oms for these online interactive fun sessions.

A different story each week interwoven with yoga postures, stretches and music aimed perfectly for pre-school children and parent/carer to enjoy those special moments together.

FREE FREE FREE
6 week programme
Starts Tues 12 Jan
2pm



**Zoom online - To book a place email:
susan.brewster-craig@bradford.gov.uk**

