

Healthy Living

Improving Academic Performance, Health and Wellbeing: The Crucial Role of Physical Activity

A free conference for school leaders and governors

Tuesday 4 June 2019

Leeds Beckett University

[click here](#) to book your place

Conference organised by



LEEDS BECKETT UNIVERSITY
CARNEGIE SCHOOL OF SPORT



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Primary school leaders and governors are invited to attend a free conference to share knowledge and establish excellence on whole-school approaches to physical activity.

Confirmed speakers

Dr Andy Daly-Smith (Carnegie School of Sport, Leeds Beckett University)
The power of physical activity.

Professor Geir Kare Resleand (Western Norway of Applied Sciences)
An international perspective on whole-school physical activity.

Professor John Bartholomew (University of Texas)
Environments change behaviour, but who changes the environment?

Dan Wilson (All Party Parliamentary Group for a Fit and Healthy Childhood, Yorkshire Sport Foundation)
Updated guidance on spending the PE and Sport Premium funding.

Ian Holmes (Thornor Primary School)
Yorkshire case study on developing an active school.

more speakers still to be confirmed

This conference will showcase best practice from leading experts in Yorkshire, the Humber, and across the globe. With an increased focus on physical and mental health from both the Department for Education and OFSTED, this is a fantastic opportunity to make sure your school is at the forefront of this new direction. The conference is strategically timed to coincide with school development/ improvement planning for the academic year 2019/20.

The conference also aims to co-create a framework to support schools to implement high quality physical activity, PE and school sport programmes.

More than 30 regional, national and international experts from across education, public health, research, and sport will be on hand to support delegates promote wellbeing through activity.

For a draft programme, [click here](#)

Places are free, and until 12th April 2019 will be reserved for school leaders and governors from the Yorkshire and Humber region.

[Book your place](#) to avoid disappointment



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