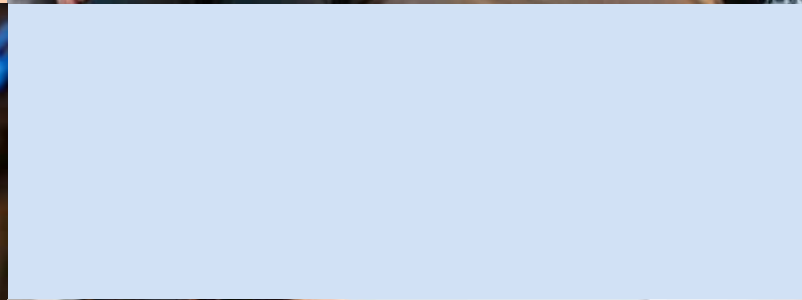


# Bradford Educational Psychology Team



Traded Services Brochure 2022-23



# Welcome

Welcome to our new prospectus for Educational Psychology Support 2022- 23.

I am pleased to let you know that through our steady growth plan, the Educational Psychology Team now comprises of over 30 members of staff, including EPs, Trainee EPs and Assistant EPs. This means that we have capacity to deliver a range of services and interventions for you to improve outcomes for children and young people across the district.

Over the past 12 months we have worked with a number of schools to develop their nurturing provision to facilitate the emotional wellbeing of students. We have been accredited by the DfE to deliver the 'Senior Mental Health Lead' programme and we have begun work on developing a district wide Neuro-diversity strategy.

These projects all support the District Plan to ensure that children and young people in Bradford have a good start in life and achieve their best in school.

We are looking forward to working with you again this year and continue to offer a range of statutory and pre-statutory services to ensure children and young people gain maximum benefit from their time in education.

Please take time to have a look through our prospectus to see the range of services we are able to offer, and how we can best support you and your school.

Best Wishes



Dr Ruth Dennis  
Principal Educational Psychologist



# About Bradford Educational Psychology Team

Bradford Educational Psychology Team (EPT) is positioned within Bradford Council's Children's Services Department and is one of the Education and Learning Teams.

The Educational Psychology Team is led by a Principal Educational Psychologist, and there are four Senior Educational Psychologists who manage area based teams of Educational Psychologists. We have a number of Trainee and Assistant Educational Psychologists within the Team, who work for us or are on placement with us as part of their Doctorate training. The work of both Assistant and Trainee Educational Psychologists is always supervised an experienced Educational Psychologist.

We are a highly skilled, dedicated and professional team whose aim is to use psychology to enable positive change and to improve the outcomes for vulnerable children and young people.

We offer a wide range of evidence based psychological services and use our skills and experience to promote learning, social inclusion and emotional health and well-being within schools, settings and with partner agencies.

# Our Values

As a team, our work is guided and informed by Bradford's District Plan and our beliefs and commitment to:

- Valuing individuals – we accept and respect the intrinsic value of each individual we work with and believe in their worth as a person.
- Achievement – we operate a strengths based model to support young people and their families to achieve their best, and lead meaningful and fulfilled lives;
- Social justice – we are driven by a desire to promote social justice and ensure all children have the opportunity to enjoy and succeed in school. We strive to empower young people to make the most of the opportunities available to them.
- Optimism – we believe that people do the best they can in their circumstances and we are optimistic and hopeful about their capacity to change their lives for the better.





## The Benefits of Working with Bradford Educational Psychology Team

Bradford Educational Psychology team is part of Bradford Council and grounded in public sector values of integrity, objectivity and accountability. Our prices are set competitively to cover no more than the cost of the services we deliver; there are no hidden costs or agency fees. As a public sector organisation, any surplus we make goes towards providing additional services to vulnerable children and young people in the local district.

We are a large, experienced team of Educational Psychologists which affords us capacity and flexibility to meet your changing needs. As a team, we work together to offer a comprehensive range of services and can draw upon a variety of specialisms depending on need.

Working with a large Local Authority EP team, you can be sure of the quality of our work.

All EPs receive regular supervision from a senior Educational Psychologist and both reports and casework are reviewed for quality. In the unlikely event that you have concerns about the work of your EP, the managing senior EP will work with you to resolve the issues quickly and efficiently.

## Educational Psychology Support for Local Authorities

### Statutory Work

Bradford Educational Psychology Team can provide you with psychological advice as part of the statutory Education Health and Care assessment process. The team has a high level of compliance with statutory time frames and will keep you informed if there is an unavoidable delay in providing the psychological advice to you. Our reports offer clear concise advice on needs, outcomes and provision. Our advice is easily transferable to an EHC Plan and our outcomes are specific and quantified in line with the Code of Practice and ISPEA advice. Our statutory reports are regularly reviewed by a senior manager to ensure continuing quality and high standards.

### Critical Incident Support

In the event of a critical incident or other traumatic event, Bradford Educational Psychology Team can provide advice and support to the Local Authority or to individual settings. This may include advice on communication, processes and direct work with staff or students, depending on the circumstances.

## Educational Psychology Hub Consultations

Bradford maintained schools are able to access up to two subsidised hub consultations across the year, whereby SENDCos or other staff members are able to consult with an EP regarding specific issues. These hubs take place virtually and can be booked via <http://skills4bradford.co.uk/Training> - filter by 'Educational Psychology'. Hub consultations are charged at £75 per consultation for non-maintained schools, or maintained schools booking more than two consultations.



## Educational Psychology Support for Schools and Settings

Organisations within and beyond the Bradford District have the option of purchasing Educational Psychology support to meet their own specific needs and priorities. We offer a range of work aimed at promoting inclusion and psychological well-being and raising standards, across the full range of age and abilities.

## Work with Children and Young People

Bradford Educational Psychology Team can offer input in relation to a wide range of issues that impact on children and young people's learning and progress, including specific and general learning difficulties, language and communication skills, issues relating to social, emotional and mental health and physical / sensory difficulties.

We provide psychological consultation, assessment, intervention and advice that focuses upon narrowing gaps in attainment, improving academic progress, promoting emotional well-being and supporting social inclusion.

Most work has three distinct phases:

### Phase 1: Plan

Consultation is the first step of any work, during which concerns are identified, and desired outcomes collaboratively developed. It may involve parents, teachers or other professionals. Once the desired outcomes have been agreed, the Educational Psychologist will select the most appropriate next steps, based on their professional view of the needs of the individual child or young person. Next steps may involve further information gathering, assessment or intervention carried out by school based staff or the EP.

### Phase 2: Do

This is the active phase of the work. Actions agreed during the consultation are carried out by school staff, the EP or other relevant parties. EPs can offer a comprehensive range of psychological assessments to support children and young people with a range of needs. Assessments may be formal and standardised or qualitative, for example observation or play based assessment. EPs are also able to offer a range of interventions and therapeutic approaches. Bespoke interventions can be developed and delivered on a needs led basis.

### Phase 3: Review

Reviewing the work allows you to evaluate the response of the young person to the intervention, evaluate progress and plan next steps. This may or may not involve the EP.



# Whole School Support

## Strategy and Development

The Educational Psychology Team can support you to develop learning and behaviour across the whole school. This might include analysis and monitoring of existing provision, research into the impact of interventions or developing whole school learning strategies.

## Staff Support

The Educational Psychology Team can provide a range of services to support setting based staff. Professional support can include Staff Supervision, Coaching and Video Enhanced Reflective Practice (VERP), Staff Well-Being Sessions and Collaborative Problem Solving.

## Training and Interventions

The Educational Psychology Team offers a wide range of quality training courses on topics relating to psychology and learning. This includes courses on inclusive learning, support for children with SEND, SEND processes and Emotional Well-being.

These courses are offered in both 'bitesized' pre-recorded videos to be viewed at a time that suits you and live interactive e-learning sessions.

A full list of training courses can be found on Skills 4 Bradford - <http://skills4bradford.co.uk/Training> - filter by 'Educational Psychology'.

Alternatively, these courses can be tailored to individual needs and delivered in your setting.

If there is a training package your setting or organisation would like to have but which is not mentioned within this brochure, the Educational Psychology Team can produce new training packages on request.



# Research and Development

The EPT can support you with your own school based research, or help you identify appropriate evidence based programmes to meet your needs.

The Educational Psychology Team works closely with Born in Bradford and the Centre for Applied Educational Research. This involves projects such as:

- Working Memory and Its Impact on Learning
- All Aboard – Early Intervention in the Early Years

If you would like to know more about any of these projects, please see Bradford Schools online.



## SEND Review

The Educational Psychology Team leads in Bradford on providing SEND reviews for schools. In collaboration with senior leaders an audit of SEND in school is carried out, followed by a whole day review. In response to this, the Educational Psychology Team can support you to develop and action plan to build on and develop existing good practice.

If you would like to know more about SEND reviews, please see Bradford Schools online.





# How to Purchase Educational Psychology Services

Educational Psychology support can be purchased as either:

<p><b>A 12 month contract</b></p> <p><b>Covering the period</b> <b>1 September 2022 to the</b> <b>31 July 2023</b></p>	<b>or</b>	<p><b>'Pay As You Go'</b> <b>ad hoc services</b></p> <p><b>Available to purchase from</b> <b>1 September 2022</b></p> <p><small>(Please be aware that this option is subject to availability.)</small></p>
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## Costs

Educational Psychology support is purchased in sessions of three hours, one day equals 2 x 3 hour sessions. Time for preparation, write up and follow up needs to be included within the purchased time. The support will be delivered by a qualified Educational Psychologist or a Trainee / Assistant Educational Psychologist under the supervision of a qualified Educational Psychologist.

We have set the rates at a very competitive level compared to neighbouring authorities and independent providers and the annual increase is in line with the rate of inflation. We offer an 'Early Bird' rate to all customers if time is purchased before the 31 March 2022.

	Standard Rate per session	Early Bird (5% off before 31st March 2022) per session	PAYG (from 1st September 2022) per session
Up to 18 x 3 hour sessions a year	£287	£273	£295
Between 19 and 38 x 3 hour sessions a year	£276	£262	£295
39 or over x 3 hour sessions a year	£271	£257	£295

## Agreements for MATs or Groups of Educational Settings

Bradford Educational Psychology Team works with a number of Multi Academy Trusts and informal groupings of educational settings to provide support advice and guidance. We are able to offer you economies of scale in relation to booking price and an individualised package of support based on your individual circumstances. If this is something that you wish to consider, please contact us to discuss your requirements.



## How Much Educational Psychology Support do I Need?

An Educational Psychology Services Audit has been devised to help you to calculate your requirements for Educational Psychology support over the next academic year and can be found on Bradford Schools Online - <https://bso.bradford.gov.uk/content/buying-additional-services>.

Should you wish to purchase sessions from the EPT, please log onto Skills4Bradford and follow these steps:

1. Login to your Skills 4 Bradford account
2. Select Services > Pupil Focused > Educational Psychology
3. Click on 'Pre Booking 2022 - 23' and specify the number of sessions you require
4. Submit your request
5. We will confirm your booking at the beginning of the Summer Term 2022 at which point you will be invoiced for your sessions. Sessions are available to use from 01 September 2023

Examples of work which could be undertaken as part of your Educational Psychology time include:

- A staff 'clinic' where teachers bring a case and engage in consultation and action planning (1 Session)
- A two hour parent drop in to meet with your Educational Psychologist (1 Session)
- Individual assessment and report with recommendations - Assessment of a child including parent meeting, observation and individual work and write up as a formal report (2+ Sessions)
- Joint observation and consultations - Joint observation with SENDCo. (1 Session)
- Consultation to set goals and an action plan involving key staff, with brief written record. Review meeting at a later date including brief written record. (2 Sessions)



## Making The Most Of Your Educational Psychology Support

It is important that you agree expectations on how you will work with your Educational Psychologist at the beginning of the year. The following tips will help you to make the most of your time:

- Informed parental consent must be gained before any work regarding a child or young person can be undertaken. The consent form can be found on Bradford Schools Online: <https://bso.bradford.gov.uk/content/educational-psychology>
- When discussing and agreeing a piece of work the desired outcomes should be clearly identified and recorded. Wherever possible the desired outcomes should be pupil focussed e.g. John will use a full sentence to answer questions.
- How the EP's work will be carried out and who will be involved should be agreed in advance.
- Gaining a holistic view of a child and their needs is essential to the EP's work and where possible, school should aim to involve parents as part of any consultation.
- Discussion with 'person most concerned' is often crucial to effective EP work as they are the person who has day to day responsibility for a child or issue. You should establish prior to any visit how these discussions will take place.
- To maximise the effective use of EP time, work that can be carried out prior to a visit e.g. collating the information available relating to current and past attainment levels / interventions should be identified.
- When a piece of work is concluded, the actual outcomes should be evaluated in relation to the desired outcomes.



## Cancellation or Rescheduling of Traded Services

We endeavour to work flexibly at all times and we expect to be able to deliver all purchased sessions through a variety of on-site and remote means. As such there will be no roll over of time into subsequent academic years except when we have been unable to fulfil our contractual obligations due to illness or other unpreventable circumstances.

We require as much notice as reasonably possible in the event of cancellation of appointments so that the Educational Psychologist can be reallocated to other work. When you are forced to alter arrangements, we will offer you a range of alternative activities which may serve a similar purpose, for example online consultation instead of a meeting in school.

If the Educational Psychologist is only made aware of the need to cancel / reschedule once they have arrived in the setting, one hour will be deducted from the time you have purchased. This is to cover the cost of travel and the Educational Psychologist's time.

If your Educational Psychologist has to cancel on an agreed date due to illness or other unpreventable circumstances, the Educational Psychologist will organise a further visit as soon as possible.

In the event of prolonged staff absence, purchased work commitments will be met by other members of the Team or by a refund of sessions we have been unable to honour, issued at the end of the academic year.

## Compliments, Comments and Complaints

If you have any compliments or comments please contact the Educational Psychology Team Senior Management Team.

If you are concerned with any aspect of the services provided by Bradford Educational Psychology Team we would encourage you to initially raise the issue with the Educational Psychologist who provides the service to your setting. Most concerns can be resolved informally at this stage.

If after discussion, concerns are not resolved to your satisfaction you can raise the issue with the Educational Psychologist's line manager. If the issue is not resolved at this stage then we will follow Bradford Council's procedures for formal complaints.

If you want further information in regards to making a compliment, comment or complaint please telephone: 01274 432111

FREEPOST BRADFORD COUNCIL  
(Please write "Complaints Unit" on the back of the envelope)





# Mental Health in Schools

The Educational Psychology Team is working closely with Public Health to ensure that Children's Emotional Wellbeing is at the forefront of life in school. Working within the THRIVE model, we are offering a range of projects and interventions that schools can engage with, depending on their needs. All of the projects are funded by Public Health, meaning costs to schools are limited to releasing staff to attend.



## Mental Health Champions Project (Getting Advice)

The Mental Health Champions project provides support for educational staff in meeting the needs of children and young people who may experience low to medium level mental health or emotional wellbeing difficulties. Through Termly Network Meetings, we provide updates on key information from the DfE and on available services in the district. We also offer workshop events for parents and carers who would like to understand more about mental health and emotional wellbeing in children and young people.

## Mental Health Champions Plus (Getting Help)

The Mental Health Champions PLUS project provides an enhanced offer of support and guidance for key members of school and college staff who are nominated as the Mental Health Champion for their setting. Nominated MHC+ champions receive termly support, training and supervision in relation to their role. MHC+ are signposted to evidence-based resources that they can utilise in schools and colleges, and to other services and organisations who may be able to help.

Schools who wish to join the MHC+ project should have a commitment to developing a whole school approach to Emotional Wellbeing and be willing to complete the annual Wellbeing Audit to support schools in evaluating their mental health provision

## Emotional Wellbeing Interventions (Getting Help)

Schools signing up to MHC+ or the Healthy Minds Chartermark are able to access training in one of six SEMH related interventions. These include:

- Emotion Coaching
- Nurture
- Restorative Practice
- ROAR
- Trauma Interventions
- Zones of Regulation

## How to Sign Up

Nominate a member of staff as the Mental Health Champion. Once you have done this, email us at to let us know which element of the programme you want to be involved in and to be notified of all future events and other opportunities.

### Mental Health Champions:

Dr Claire Cooper-Jones, Specialist Senior EP. Email: Via the MHC inbox: mhchampions@bradford.gov.uk

### Mental Health Champions Plus :

Dr Sophie Davis, Specialist Senior EP. Email: Via the MHC inbox mhchampions@bradford.gov.uk

## DfE Senior Mental Health Lead Training (Thriving)

The Department for Education (DfE) is offering a £1,200 grant for a senior member of school or college staff to access quality assured training to implement an effective whole school or college approach to mental health and wellbeing. Bradford Educational Psychology Team are registered as an accredited trainer. To find out more about the course please visit - <http://skills4bradford.co.uk/Training> - filter by 'Educational Psychology'

## Healthy Minds Emotional Wellbeing Chartermark (Thriving)

The focus of the Bradford Healthy Minds Chartermark is to celebrate good practice in relation to supporting emotional wellbeing in Bradford Schools. It provides an opportunity for schools and settings to showcase the development of their whole school approach to emotional health and wellbeing.

The outcome will ensure a school ethos of attunement, relationships and connection alongside limits, safety, structure and high expectations.

The Chartermark is based on eight key principles for mental health and wellbeing as recognised by Public Health England .



### DfE Senior Mental Health Leads:

Dr Kay Tasker-Smith, Specialist Senior EP. Email: BradfordSeniorMentalHealthLeads@bradford.gov.uk

### Bradford Healthy Minds Chartermark:

Dr Kay Tasker-Smith, Specialist Senior EP. Email: EmotionalWellbeingChartermark@bradford.gov.uk

### BSOL page:

<https://bso.bradford.gov.uk/content/www.mentalhealthmattersinschools.org.uk>





## Wellbeing Support for Staff and Students

If the normal worries persist or become worse, some children may benefit from focused, goals based support, with clear aims, and criteria for assessing whether these aims have been achieved.

Around 80% of children at any one time are experiencing the normal ups and downs of life but do not need individualised advice or support around their mental health issues.

## Education Emotional Wellbeing Practitioners

The Education based Emotional Wellbeing Practitioners (EEWP) Team is part of the Educational Psychology Team. The role of the EEWP team is to promote emotional wellbeing through brief, time limited interventions in accordance with each child's individual needs and capabilities.

The practitioners provide mental health support for children and young people in schools and colleges who are for example:

- Showing mild to moderate signs of stress or anxiety
- Have friend / family / home issues (significant)
- Are showing signs of low self esteem

The EEWP team is available to all schools who do not have access to a Mental Health Support Team. The team can be contacted at: [EdEmotionalWellbeing@bradford.gov.uk](mailto:EdEmotionalWellbeing@bradford.gov.uk)

This service is be free at the point of contact.

## PERMA Staff Wellbeing Resource

This resource aims to enhance staff wellbeing by:

- Providing support and reassurance to school leadership teams, in relation to staff wellbeing;
- Carrying out a stocktake of Emotional Wellbeing strategies already used in school;
- Using the PERMA framework to enhance work on supporting staff wellbeing.
- Providing individual video based training on PERMA for staff members.

To access this resource, please contact: [educationalpsychologyteam@bradford.gov.uk](mailto:educationalpsychologyteam@bradford.gov.uk)



## Train to be an Educational Psychologist

We are always looking for Bradford based staff to join our team.

In order to qualify as an EP, you will need to complete a 3 year Taught Doctorate in Educational Psychology. To access the doctorate course, you will need a 3-year degree in Psychology that meets the standards of accreditation by the British Psychological Society plus relevant experience of working with children in educational, childcare or community settings.

We also employ a number of other psychology related professionals including Assistant Educational Psychologists and Education Emotional Wellbeing Practitioners. Our jobs are advertised regularly on the Bradford Council website.

We run an annual CPD event for any teachers or other graduates who are considering Educational Psychology as a career option.

For further details please email: [educationalpsychologyteam@bradford.gov.uk](mailto:educationalpsychologyteam@bradford.gov.uk)

## Contact Details

If you require any further information please contact:

[educationalpsychologyteam@bradford.gov.uk](mailto:educationalpsychologyteam@bradford.gov.uk)

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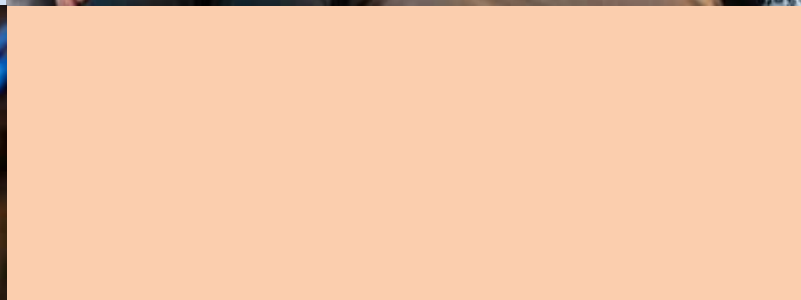
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