





# **Essential Life Skills Programme Opportunity**

## ANNEX A: EXPRESSION OF INTEREST FORM

1. Contact information

Organisation Name	Lupine Adventure Cooperative	Main Contact Name	Clive Nutton
Address	6a Rodley Lane,	Position	Director
Town/City	Rodley, Leeds,	Telephone Number	0113 410 3712
Postcode	LS13 1HU	Mobile Number	07917 104823
County	West Yorkshire	E-mail	clive@lupineadventure.co.uk
Website	www.lupineadventure.co.uk		

#### 2. Organisation information

Structure (Please tick one box)			Registration		
Sole Trader		Public Sector Organisation		Company Registration Number	06378809
Partnership		Charitable Organisation		Charities, Housing Association or any other registration number ( <i>if applicable</i> ). Please specify registering body:	
Public Limited Company		Voluntary/3rd Sector		Date of Registration:	24 September 2007
Private Limited Company	Y	Other (please state)	Со-ор	Registered address including full post code if different from 1 above:	

#### 3. Organisation Summary Description

#### Please give a brief description of your primary business and main products and services (maximum 200 words)

Lupine Adventure is a not-for-profit workers' co-operative offering hill and mountain based outdoor recreation, education and training. We've been trading for over 10 years and have 5 full time members of staff who split their time between the office and the outdoors and a part time finance worker. Additionally we engage staff from a pool of around 150 freelance outdoor education professionals with a wide range of experience in different educational settings.

We provide the following services:

- Duke of Edinburgh's Award expedition organisation and support training, expedition logistics, supervision and assessment
- Delivery of adventurous outdoor activities on the National Citizen Service, Phase 1, Adventure residential component
- Guided hillwalking
- Accredited mountain skills and navigation training
- Organisation and support of sponsored charity challenge walks for children, young people and adults
- Rock climbing activities and training
- Other outdoor activities events including problem solving games

The majority of our participants are Key Stage 3 and above, including adults, though we have also worked with Key Stage 2.

### 4. Track Record

#### a. Please give details of your experience in delivering proposed activities in schools and colleges (maximum 300 words)

We have over 10 years' experience of delivering our work in schools, colleges, referral units, universities and other youth organisations (cadets, scouts, local authority youth services, National Citizen Service). During the 2018 delivery season we ran over 150 events deploying over 400 staff.

Our feedback from clients is routinely highly positive and our clients' high regard is supported by the free training resources we make available to the "DofE community" through our website.

#### b. Please give details of key impact and outcomes achieved from the support provided (maximum of 200 words)

Adventurous outdoor activity has established potential for supporting a range of academic and personal development outcomes and much depends on the negotiated objectives of the client and provider and the existing capacities of participants and the potential of the activities and environment. All of this is context specific and subject to negotiation with the client. Typical outcomes might be:

- Greater awareness of opportunities to enjoy healthy lifestyles through new types of physical activity
- Experiencing reward through application of hard work, self-control, discipline, resilience, perseverance and persistence
- Developing self-confidence through achieving a sense of increased capacity
- Developing leadership, problem-solving and team-working abilities by taking supported responsibilities in different roles
- Developing a sense of engaged citizenship through awareness of other communities and value for special landscapes and how these might be safeguarded
- Increased empathy through shared experience of challenge and supporting others
- Increased curiosity, knowledge and understanding through supported inquiry into unfamiliar communities and landscapes
- Increased ability to balance risks against reward by participating in supported, appropriate risk management

#### c. Please List schools/colleges that you have worked in (Bradford schools/colleges first)

The following is a list of schools/colleges that Lupine have worked with during the 2018 delivery season

#### Bradford Schools/Colleges

Appleton Academy, Bradford - Shipley College, Bradford

#### **Other Local Schools/Colleges**

Ermysted's Grammar School, Skipton - Harrogate Grammar School - Horsforth School, Leeds - Ilkley Grammar School, Ilkley - Prince Henry's Grammar School, Otley - Ralph Thoresby School, Leeds - Skipton Girl's High School

#### **Other Schools/Colleges**

Bellerby's College, Cambridge - Bowdon Church School, Altrincham - Camden Girls School, London - Carnforth High School - Colfes School, London - Cressey College, Croydon - Edward VI School, Birmingham - Epping Forest College - Epsom College, Surrey - Hungerhill School, Doncaster - King's College, London – King's Priory School, Tynemouth - Nottingham High School - Redborne Upper School, Bedford - Rochdale Islamic Academy - Royal Latin School, Buckinghamshire - Silcoates School, Wakefield - South Hampstead High School, London - St Catherine's School, Surrey - St John Fisher Catholic High School, Harrogate - The Crypt School, Gloucester - Wakefield Independent School - Warlingham School, Croydon - Warwick School

#### d. Proposed Activities /Programmes (one table to be completed for each activity you wish to offer)

Activity Title	Guided Mountain Challenge Activity Day (typically Yorkshire Dales, 3 Peaks area)	
Summary of Activity (100 words max)	A full-day activity at a negotiated venue appropriate to the abilities and objectives of participants. The activity could make a good sponsored challenge or link with the curriculum or wider personal development objectives. Participants are supported in taking on a challenge of persistence in order to experience reward. Clients would be responsible for transport to and from the venue.	
Target groups supported (please use code in annex B)	B,C,D,E	
Pathway Essentials Skills Supported (please use code in annex B)	A, C, D, I, J, K, L	
Essential Life Skills Outcomes	A, D, E, G, H	

(please use code in annex B)	
Cost for delivery of this activity	Venue dependent, but around £500 for day's activity for a group of up to 33 participants. Groups of up to 11 or 22 and activities in less challenging terrain (eg. moorland, lowland) may be cheaper as different supervision regimes can be supported. Other guided walks, orienteering or navigation activities are available by arrangement

Activity Title	Rock Climbing Adventure Activity Day (typically Ilkley, Cow and Calf Rocks area)	
Summary of Activity (100 words max)	A taster activity at an outdoor rock-climbing venue (though with the potential to develop further skills through repeated sessions) coupled with a navigation adventure journey around the climbing venue. Participants are supported in evaluating risk and reward, challenging themselves and taking positions of responsibility and trust for their and others' safety. Clients would be responsible for transport to and from the venue.	
Target groups supported (please use code in annex B)	B,C,D,E	
Pathway Essentials Skills Supported (please use code in annex B)	A, C, D, F, G, H, I, J, L	
Essential Life Skills Outcomes (please use code in annex B)	A, D, E, F, G, H, I, J, K	
Cost for delivery of this activity	Venue dependent but around £650 for a day's activity for a group of up to 32 participants. Groups of up to 8, 16 and 24 are cheaper as different supervision regimes can be supported. Half days, after-school clubs and other climbing activities are available by arrangement.	

# Additional information (Checklist):

1	Organisational logo in JPEG format (Please attach)	Adventure 000
2	Please confirm that you are able to provide at least 2 years of financial accounts, if required	Yes
3	Please confirm membership of any consortia (e.g. Young Lives Bradford Consortium), if applicable	N/A
4	Please confirm you are able to provide at least 2 references evidencing track record, if required	Yes

## ANNEX B: REFERENCE CODES FOR USE IN ACTIVITY TABLES

TARGET GROUPS SUPPORTED		
А	Key Stage 1	
В	Key Stage 2	
С	Key Stage 3	
D	Key Stage 4	
E	Post 16	

PATH	PATHWAYS ESSENTIALS SKILLS SUPPORTED (see attached)		OUTCOMES	
А	Global Awareness	А	Healthy & Fit	
В	Financial, economic, business & entrepreneurial literacy	В	Creative	
С	Civic literacy	С	Moneywise	
D	Health literacy	D	Confident	
E	Creativity & Innovation	E	Motivated & Aspirational	
F	Critical thinking & problem solving	F	Neighbourly & having community spirit	
G	Communication & collaboration	G	Resilient, demonstrating persistence & grit	
Н	Flexibility & adaptability	н	Flexible	
I	Initiative & self-direction	I	Clear communicator	
J	Social & cross-cultural skills	J	Curious & able to problem solve	
К	Productivity & accountability	К	Tolerant & respectful	
L	Leadership & responsibility	L	Honest, demonstrating integrity & dignity	