

Dear Head Teachers and Senior Management Team

As you may be aware every September we see a local peak in children and young people with asthma becoming unwell with exacerbations of their asthma symptoms. There are thought to be multiple reasons for this, including the fact that some children experience fewer symptoms during the summer holidays, and sometimes forget to take their asthma medication regularly. This means that when they return to school in September and there is a change in weather and a rise in Autumnal viral respiratory illnesses these children are more likely to become unwell.

We know that exacerbations of asthma symptoms affect the day to day activities of children. This impacts on school performance, ability to participate in exercise, and school attendance. It can also result in hospital admission.

In an attempt to reduce this seasonal variation in asthma symptoms in local children we have produced the attached letter to go out to parents of all children and young people with asthma. This gives simple guidance to parents to help reduce the risk of their children becoming unwell with their asthma symptoms this September.

We would be very grateful if you would help us to deliver this advice by distributing the attached letter to parents of children and young people with asthma before the summer holidays. We plan to follow this up with a further reminder letter to be distributed in September.

Many thanks in advance.

Yours sincerely

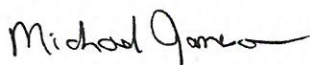


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