

Key Stage 2 Developing Mindfulness in Primary Schools Project

Application Form

Name:	
Job title and any specific responsibilities:	
Contact email address:	
Contact telephone number:	
School:	
Address:	
Postcode:	
Please tell us why you would like to be involved in this project.	
Please tell us how you will use this programme with children within school.	
Please tell us about your existing mindfulness practice or interest in developing it. Please include any training that you have already undertaken. (You may want to take a look at https://mindfulnessinschools.org/bring-mindfulness-to-your-school/train-teach-pupils/ to see the prerequisites for teaching mindfulness to children).	

Commitments:	
Are you able to:	Please circle Yes or No or delete
Attend the adult mindfulness training (if not already done so)	Yes No
Practice mindfulness on 5 out of 7 days	Yes No
Attend 3 days PawsB training	Yes No
Facilitate 2 PawsB programmes prior to December 2019	Yes No
Support and participate within the impact evaluation	Yes No
Offer a room at school to meet in on at least one occasion	Yes No
<p>In the event that applications to the project exceed the number of places available is there anything that you would like to add to strengthen / add value to your application?</p>	
<p>The Mindfulness in Schools Project is a charity and may be able to offer some funded places on the project based on the percentage of children accessing free school meals at your school. It would be helpful if you could provide this figure. This will not effect decision making for the 12 places available but may enable the number of places available to be extended to 14.</p>	
Consent	
I confirm that I have permission to participate within this project and consent to the data within this application to be stored and shared with the decision making panel.	
Name:	
Signed:	
Date:	