



Yorkshire Schools' Mental Health Conference

09:15 - 16:15

26 June 2017

Leeds Beckett University, Headingley Campus

£249 - limited sponsored places available at £180

Carnegie Centre of Excellence for Mental Health in Schools is delighted to be bringing together leaders from education and mental health at a landmark regional conference. The first annual Yorkshire Schools' Mental Health Conference will inspire, empower and equip delegates to strengthen the mental health of the next generation.

Why attend?

- Implement new approaches to mental health, leading to improved attendance, behaviour and attainment in students.
- Learn effective strategies to build resilience in students and staff.
- Discover the latest research on the link between physical and mental health in children and steps schools can take to foster independence.
- The opportunity for an individual surgery with a mental health expert to discuss your schools needs.
- Learn from practical examples of student led peer support programmes.
- Workshops are facilitated by schools and mental health leaders driving innovation in their area.

Conference chaired by John Tomsett, Headteacher Huntington School, York and Author of *'Mind Over Matter, this much I know about improving mental health in our schools'*

Speakers include:

- Mick Atkinson, Vice Chair, Children and Young People's Mental Health Coalition
- Vicky Widdup, Team GB Paralympian and Stronger Minds Consultant
- David Weston - Teacher Development Trust
- Eleanor Cooper, Diana Award
- Dr. Zoe Brownlie, Clinical Psychologist, CAMHS School Link Lead, Sheffield Children's NHS Foundation Trust

For the full conference programme please visit:

leedsbeckett.ac.uk/mhconference or contact schoolmh@leedsbeckett.ac.uk
0113 8127540



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