

Launched in
September
2022!

Finding Your Voice



**inner
wings**
A Confidence Building
Foundation

Inner Wings, a confidence-building charitable foundation, offers free programmes to primary schools across the UK and internationally. Finding Your Voice is a public speaking programme that gives children aged 7-12 the tools and skills to verbally convey a message, from one-to-one exchanges to large audiences. Based on a leading public speaking approach and underpinned with evidence-based psychological insights, children will be given the tools they need to confidently share their unique voice.

Everything you need to know:

- ★ Free and inclusive
- ★ Eight interactive 45-minute sessions delivered by teachers
- ★ Includes free online teacher training
- ★ Resources provided remotely which any English-speaking school can utilise
- ★ Flexible to use for entire classes or as an interventionist approach for children needing it the most
- ★ In line with Personal and Social Educational frameworks



“ The key is teaching children to see challenges as opportunities and not letting their fears stop them, in public speaking or anywhere else! These are key components of developing and sustaining a growth mindset. ”

- Ilaria Magagnoli, Finding Your Voice designer, psychologist and coaching professional

Your students will:

- ★ Develop a strong internal belief that they are all good communicators in their own authentic way
- ★ Learn and practice strategies to build confidence in their coping skills when faced with new challenges outside of their comfort zone
- ★ Value feedback - by practising to give and receive constructive feedback - and celebrate each new step as they try new things

Email us at 'contactus@innerwings.org' to sign up!