



Workforce Development Unit

# Play 4

**Emotional, Social, Physical and Intellectual  
Well-being of Primary School Children**

**9.00 - 2.30pm Friday 4th March**

**7 Workshops**

**Victoria Hall**

Hard Ings Road, Keighley, BD21 3JN

**Free Lunch**

**This conference is for**

Playworkers in out-of-schools clubs & holiday care;  
Primary Schools staff - Learning Mentors, PSHE leads; Forest School  
Practitioners; PRU staff; Emotional and Behavioural specialists;  
Virtual School team; Residential Practitioners;  
Foster Carers and Adoptive parents

**Market place of support services**

**Internationally renowned speaker**

**Key Note Speakers - Professor Fraser Brown**

The only UK Professor of Playwork and Head of Playwork at Leeds Beckett University, Fraser has published numerous books and is internationally recognised for research into the effects of therapeutic playwork on a group of abandoned orphans in Romania.

**Key Note Speaker - Alison Smith**

Specialist Teaching Team, Behaviour Support Service.  
The team works alongside primary schools supporting children for whom full-time mainstream education is challenging owing to their emotional, behavioural and/or social difficulties.



# Market place of local services to help you support children's play:

Workforce Development Unit  
Community Play and Development Service  
Adoption Services  
Fostering Services  
Bradford Parenting Support  
Bradford Outdoor Offer  
BCEP – Scrap Magic  
Leeds Beckett University - Playwork, Play Therapy & Therapeutic Play Training

## Workshops

- 1. Therapeutic value of play – Emotional and Social** *Lead: Professor Fraser Brown*  
What is it about play and playwork that makes it therapeutic? A theoretical base with insights from practice.
- 2. Whole body engagement - Physical** *Lead: Play Support Workers from the Community Play & Development Service.* Roll, hang, balance, spin & climb - Stimulating the 5 basic movements to experience a greater sense of self. Please wear suitable outdoor clothing for this interactive session.
- 3. Play and the brain - Social and Intellectual** *Lead: Rhian Beynon – Post Adoption Services*  
A brief look at how in order to develop healthily the brain needs to be stimulated by attentive adults and a rich environment.
- 4. Letting out the hurt stuff – Social** *Lead: Jen Scott from Bradford Community Environment Project.* Forest school as a space for being the victor and the vanquished. To whack, hit and pummel in the safety of play, knowing it's not for real and no one will get hurt. Please wear suitable outdoor clothing for this interactive session.
- 5. The practice of therapeutic play - Emotional** *Lead: Claire Eady - CAMHS*  
Using the principles of play therapy and a range of creative mediums to support children's self expression, a hands-on interactive session.
- 6. Why do children make weapons? – Emotional and Social** *Lead: Play Officers Community Play & Development Service.* Every stage of mankind is expressed in children's play, explore underpinning knowledge of recapitulative play that enables children to access earlier human evolutionary stages.
- 7. Theraplay Techniques - Physical and Emotional** *Lead: Johanne Cottle, Children's Residential Practitioner* Theraplay is based on attachment theory and supports adults and children to develop positive relationships through a wide range of focused playful tactile activities.  
When you book please state which two workshops you would like to attend.

## Costs:

£10 per foster carer or adoptive parent  
£20 per person for out-of-school settings or £60 for the whole team  
£40 per person for PACT HR schools or £120 for 5 people  
£50 per person for all other schools or £150 for 5 people  
Free to Bradford Council employees (Where your training budget is held centrally by Bradford Council)

## Booking:

**Complete online booking form at:** [http://www.bradford.gov.uk/bmdc/education\\_and\\_skills/training\\_and\\_development/workforce\\_training\\_and\\_development/atoz/4+Play](http://www.bradford.gov.uk/bmdc/education_and_skills/training_and_development/workforce_training_and_development/atoz/4+Play)

**Closing date for applications is Thursday 25th February 2016**

For further information please contact: Julie West 01274 433837 or 07582101115