

**FORM 3**

**MONDAY ALTERNATIVE DISHES - APR 18**

Code	Traditional
099	New - Beef Burger (New Apr 18)
122	Red Tractor Gluten Free Pork Meatballs (New Oct 17)
121	Red Tractor Bacon Medallion Loin (Not Available For Halal Cooking Kitchen)
009	Beef & Potato Moussaka
010	Beef Lasagne
011	Beef, Spinach & Broccoli Grill
023	Chicken Paprikash
084	Lamb & Mint Grill
090	Mexican BBQ Chicken & Bean Burrito
111	Pork Sausage
112	Pork Sausage (Gluten Free) (New Oct 17)
136	Roast Beef Dinner
137	Roast Pork Dinner
138	Roast Turkey Dinner
139	Rustic Chilli Chicken Pasta
141	Sausage Goulash
142	Shepherd's Pie

Code	Desserts (Hot)
130	Reduced Sugar Marble Sponge
132	Reduced Sugar Orange Drizzle Cake (Improved Oct 17)
129	Reduced Sugar Mandarin Sponge
012	Belgian Waffle
026	Chocolate Waffle
085	Lemon & Sultana Sponge
102	Orange & Lemon Sponge
105	Peach Oaty Crumble (50% Fruit)
110	Polish Spice Cake (New Apr 18)
123	Reduced Sugar Choc & Mandarin Sponge
125	Reduced Sugar Chocolate Sponge
128	Reduced Sugar Jam Sponge (Improved Oct 17)
131	Reduced Sugar Mixed Fruit Crumble (50% Fruit) (Improved Oct 17)
133	Reduced Sugar Pear Vanilla Sponge (50% Fruit) (Improved Oct 17)
134	Reduced Sugar Pineapple Upside Down Cake (50% Fruit) (Improved Oct 17)
135	Rice Pudding, Peaches & Jam
161	Zucchini Cake

Code	Halal
069	Halal Ranch Burger (New Apr 18)
066	Halal Mumbai Meatballs
054	Halal Chicken Sheesh Kebab
042	Halal BBQ Chicken & Mixed Bean Burrito
044	Halal Beef Burger (New Oct 17)
045	Halal Chicken & Butternut Squash
048	Halal Chicken Biryani
051	Halal Chicken Koftas
057	Halal Chilli Chicken Pasta
060	Halal Keema Burger
070	Halal Sheesh Kebab

Code	Desserts (Cold)
033	Dusted Strawberry Yoghurt Cake (New Apr 18)
104	Peach Cheese Cake
032	Dusted Raspberry Yoghurt Cake (New Apr 18)
002	Angel Delight
005	Autumn Fruit Salad
025	Chocolate & Vanilla Mousse
027	Cocoa & Orange Cookie
030	Cream Cheese, Crackers & Fruit
031	Date & Cocoa Brownie
036	Flapjack
037	Fresh Fruit Salad & Ice Cream
038	Frozen Smoothie
039	Frozen Yoghurt
040	Fruit Cheese Cake
041	Fruit Jelly
079	Honey, Banana & Yoghurt Pud
101	Oat Cookie
109	Plum Yoghurt Cake
126	Reduced Sugar Cocoa Buns
127	Reduced Sugar Decorated Buns
144	Strawberry & Vanilla Mousse

Code	Vegetarian
158	Vegetable Soya Bolognese
120	Quorn Sausage
113	Quorn & Pepper Fajitas
083	Kidney Bean Curry
086	Lentil Curry
089	Mediterranean Quorn Casserole
091	Mexican Mixed Bean Burrito
093	Mild Quorn, Spinach & Potato Curry
094	Mild Veggie Keema & Peas
114	Quorn & Vegetable Paella
115	Quorn Burger
116	Quorn Frankfurter
117	Quorn Meatballs in Curry Sauce
118	Quorn Meatballs in Tomato Sauce
119	Quorn Meatballs with Gravy
153	Veg Soya Lasagne
160	Veggie Soya Shepherd's Pie

Code	Panini's / Jacket Potatoes
004	Assorted Sandwiches / Wraps
019	Cheese Panini (Optional Daily)
022	Chicken Panini (2 Times a Week)
053	Halal Chicken Panini (2 Times a Week)
075	Ham & Cheese Panini (Optional Daily)
082	Jacket Potato Assorted fillings
100	Non Meat Panini (Optional Daily)
151	Tuna Melt Panini (Optional Daily)

- You must select 1 Blue dish on Monday for your Traditional option to be compliant to the Food Standards
- You must select 1 Pink dish on Monday for your Halal option to be compliant to the Food Standards
- You must select 1 Green dish on Monday for your Vegetarian option to be compliant to the Food Standards
- WARNING - You can select a maximum of 3 items highlighted in black per week to remain compliant to the Bronze Catering Standard

**FORM 3**

**TUESDAY ALTERNATIVE DISHES - APR 18**

Code	Traditional
092	Mild Chicken Katsui Curry (New Apr 18)
021	Chicken Colcannon Pie (New Apr 18)
034	Annabelle's Mild Turkey Keema Curry (New Oct 17)
003	European Turkey Meatloaf (New Apr 18)
010	Beef Lasagne
024	Chilli Con Carne
028	Cornish Pie
088	Meat & Potato Pie
090	Mexican BBQ Chicken & Bean Burrito
103	Pasta Bolognese (Improved Oct 17)
121	Red Tractor Bacon Medallion Loin (New Oct 17)
136	Roast Beef Dinner
137	Roast Pork Dinner
138	Roast Turkey Dinner
142	Shepherd's Pie

Code	Halal
062	Halal Keema Roll (Improved Oct 17)
073	Halal Spicy Chicken Rolls (New Apr 18)
067	Halal Pasta Bolognese (Improved Oct 17)
014	Chat Patta (Sweet & Sour Chickpea Curry)
020	Cheese Whirls
042	Halal BBQ Chicken & Mixed Bean Burrito
045	Halal Chicken & Butternut Squash
052	Halal Chicken Pakora (Non Compliant To Food Based Standards)
058	Halal Crofter's Pie (Improved Oct 17)
063	Halal Lasagne
065	Halal Meat Rogan Josh
071	Halal Shepherd's Pie (Improved Oct 17)
072	Halal Spanish Chicken & Rice
159	Vegetable Whirl

Code	Vegetarian
018	Cheese Lattice
155	Vegetable Lasagne
154	Vegetable Frittata
006	Baked Julienne Veg Tortilla
013	Cauli, Potato & Chickpea Curry
015	Cheese & Onion Quiche
016	Cheese & Potato Flan
020	Cheese Whirls
029	Country Vegetable Casserole
081	Italian Tomato Pasta
083	Kidney Bean Curry
086	Lentil Curry
145	Sweet & Sour Vegetables
152	Veg Samosa (Non Compliant To Food Based Standards)
156	Vegetable Ravioli
157	Vegetable Roll
159	Vegetable Whirl

Code	Desserts (Hot)
105	Peach Oaty Crumble (50% Fruit)
123	Reduced Sugar Choc & Mandarin Sponge
129	Reduced Sugar Mandarin Sponge
131	Reduced Sugar Mixed Fruit Crumble (50% Fruit) (Improved Oct 17)
133	Reduced Sugar Pear Vanilla Sponge (50% Fruit) (Improved Oct 17)
134	Reduced Sugar Pineapple Upside Down Cake (50% Fruit) (Improved Oct 17)

Code	Desserts (Cold)
038	Frozen Smoothie
144	Strawberry & Vanilla Mousse
032	Dusted Raspberry Yoghurt Cake (New Apr 18)
002	Angel Delight
005	Autumn Fruit Salad
025	Chocolate & Vanilla Mousse
027	Cocoa & Orange Cookie
030	Cream Cheese, Crackers & Fruit
031	Date & Cocoa Brownie
033	Dusted Strawberry Yoghurt Cake (New Apr 18)
036	Flapjack
037	Fresh Fruit Salad & Ice Cream
039	Frozen Yoghurt
040	Fruit Cheese Cake
041	Fruit Jelly
079	Honey, Banana & Yoghurt Pud
101	Oat Cookie
104	Peach Cheese Cake
109	Plum Yoghurt Cake
126	Reduced Sugar Cocoa Buns
127	Reduced Sugar Decorated Buns

Code	Panini's / Jacket Potatoes
004	Assorted Sandwiches / Wraps
019	Cheese Panini (Optional Daily)
022	Chicken Panini (2 Times a Week)
053	Halal Chicken Panini (2 Times a Week)
075	Ham & Cheese Panini (Optional Daily)
082	Jacket Potato Assorted fillings
100	Non Meat Panini (Optional Daily)
151	Tuna Melt Panini (Optional Daily)

- You must select 1 Blue dish on Tuesday for your Traditional option to be compliant to the Food Standards
- You must select 1 Pink dish on Tuesday for your Halal option to be compliant to the Food Standards
- You must select 1 Purple dish on Tuesday for your Vegetarian option to be compliant to the Food Standards
- You must select 1 Light Green dish on Tuesday for your Dessert option from either the hot or cold dessert options
- WARNING** - You can select a maximum of 3 items highlighted in black per week to remain compliant to the Bronze Catering Standard

**FORM 3**

**WEDNESDAY ALTERNATIVE DISHES - APR 18**

Code	Traditional
138	Roast Turkey Dinner
080	Hot Roast Beef Sandwich
010	Beef Lasagne
009	Beef & Potato Moussaka
023	Chicken Paprikash
024	Chilli Con Carne
090	Mexican BBQ Chicken & Bean Burrito
095	Minced Beef Goulash
103	Pasta Bolognese (Improved Oct 17)
136	Roast Beef Dinner
137	Roast Pork Dinner
142	Shepherd's Pie

Code	Desserts (Hot)
135	Rice Pudding, Peaches & Jam
134	Reduced Sugar Pineapple Upside Down Cake (50% Fruit) (Improved Oct 17)
133	Reduced Sugar Pear Vanilla Sponge (50% Fruit) (Improved Oct 17)
012	Belgian Waffle
026	Chocolate Waffle
085	Lemon & Sultana Sponge
102	Orange & Lemon Sponge
105	Peach Oaty Crumble (50% Fruit)
110	Polish Spice Cake (New Apr 18)
123	Reduced Sugar Choc & Mandarin Sponge
125	Reduced Sugar Chocolate Sponge
128	Reduced Sugar Jam Sponge (Improved Oct 17)
129	Reduced Sugar Mandarin Sponge
130	Reduced Sugar Marble Sponge
131	Reduced Sugar Mixed Fruit Crumble (50% Fruit) (Improved Oct 17)
132	Reduced Sugar Orange Drizzle Cake (Improved Oct 17)
161	Zucchini Cake

Code	Halal
047	Halal Chicken Bhuna (New Apr 18)
061	Halal Keema Pilau (New Apr 18)
059	Halal Keema & Peas (Improved Oct 17)
014	Chat Patta (Sweet & Sour Chickpea Curry)
045	Halal Chicken & Butternut Squash
046	Halal Chicken & Spinach Curry
048	Halal Chicken Biryani
049	Halal Chicken Dansak
050	Halal Chicken Garbonzo Curry
055	Halal Chicken Tikka Masala
057	Halal Chilli Chicken Pasta
063	Halal Lasagne
064	Halal Meat Dopiazza
065	Halal Meat Rogan Josh
071	Halal Shepherd's Pie (Improved Oct 17)

Code	Desserts (Cold)
126	Reduced Sugar Cocoa Buns
087	Mandarin Jelly
127	Reduced Sugar Decorated Buns
002	Angel Delight
005	Autumn Fruit Salad
025	Chocolate & Vanilla Mousse
027	Cocoa & Orange Cookie
030	Cream Cheese, Crackers & Fruit
031	Date & Cocoa Brownie
032	Dusted Raspberry Yoghurt Cake (New Apr 18)
033	Dusted Strawberry Yoghurt Cake (New Apr 18)
036	Flapjack
037	Fresh Fruit Salad & Ice Cream
038	Frozen Smoothie
039	Frozen Yoghurt
040	Fruit Cheese Cake
079	Honey, Banana & Yoghurt Pud
101	Oat Cookie
104	Peach Cheese Cake
109	Plum Yoghurt Cake
144	Strawberry & Vanilla Mousse

Code	Vegetarian
115	Quorn Burger
118	Quorn Meatballs in Tomato Sauce
153	Veg Soya Lasagne
083	Kidney Bean Curry
086	Lentil Curry
089	Mediterranean Quorn Casserole
091	Mexican Mixed Bean Burrito
093	Mild Quorn, Spinach & Potato Curry
094	Mild Veggie Keema & Peas
113	Quorn & Pepper Fajitas
114	Quorn & Vegetable Paella
116	Quorn Frankfurter
117	Quorn Meatballs in Curry Sauce
119	Quorn Meatballs with Gravy
120	Quorn Sausage
158	Vegetable Soya Bolognese
160	Veggie Soya Shepherd's Pie

Code	Panini's / Jacket Potatoes
004	Assorted Sandwiches / Wraps
019	Cheese Panini (Optional Daily)
022	Chicken Panini (2 Times a Week)
053	Halal Chicken Panini (2 Times a Week)
075	Ham & Cheese Panini (Optional Daily)
082	Jacket Potato Assorted fillings
100	Non Meat Panini (Optional Daily)
151	Tuna Melt Panini (Optional Daily)

- You must select 1 Blue dish on Wednesday for your Traditional option to be compliant to the Food Standards
- You must select 1 Pink dish on Wednesday for your Halal option to be compliant to the Food Standards
- You must select 1 Green dish on Wednesday for your Vegetarian option to be compliant to the Food Standards
- WARNING - You can select a maximum of 3 items highlighted in black per week to remain compliant to the Bronze Catering Standard

**FORM 3**

**THURSDAY ALTERNATIVE DISHES - APR 18**

Code	Traditional
077	Ham & Pineapple Pizza
008	BBQ Chicken Pizza
150	Tuna & Sweetcorn Pizza
017	Cheese & Tomato Pizza
076	Ham & Mushroom Pizza
078	Ham Pizza
106	Pepper & Mushroom Pizza
107	Pepper & Red Onion Pizza
108	Pepper & Sweetcorn Pizza
143	Sticky Chicken Pizza

Code	Desserts (Hot)
128	Reduced Sugar Jam Sponge (Improved Oct 17)
123	Reduced Sugar Choc & Mandarin Sponge
012	Belgian Waffle
105	Peach Oaty Crumble (50% Fruit)
129	Reduced Sugar Mandarin Sponge
131	Reduced Sugar Mixed Fruit Crumble (50% Fruit) (Improved Oct 17)
133	Reduced Sugar Pear Vanilla Sponge (50% Fruit) (Improved Oct 17)
134	Reduced Sugar Pineapple Upside Down Cake (50% Fruit) (Improved Oct 17)

If Not Selecting The Fresh Fruit Salad for the cold option "YOU MUST" select a green item from above

Code	Halal
068	Halal Peri-Peri Chicken Pizza (New Apr 18)
074	Halal Sticky Chicken Pizza
056	Halal Chicken Tikka Pizza
043	Halal BBQ Chicken Pizza
017	Cheese & Tomato Pizza
150	Tuna & Sweetcorn Pizza
149	Tuna & Red Onion Pizza (New Oct 17)

Code	Desserts (Cold)
037	Fresh Fruit Salad & Ice Cream
104	Peach Cheese Cake
032	Dusted Raspberry Yoghurt Cake (New Apr 18)
033	Dusted Strawberry Yoghurt Cake (New Apr 18)
002	Angel Delight
005	Autumn Fruit Salad
025	Chocolate & Vanilla Mousse
027	Cocoa & Orange Cookie
030	Cream Cheese, Crackers & Fruit
031	Date & Cocoa Brownie
038	Frozen Smoothie
039	Frozen Yoghurt
040	Fruit Cheese Cake
041	Fruit Jelly
079	Honey, Banana & Yoghurt Pud
101	Oat Cookie
109	Plum Yoghurt Cake
126	Reduced Sugar Cocoa Buns
127	Reduced Sugar Decorated Buns
144	Strawberry & Vanilla Mousse

Code	Vegetarian
017	Cheese & Tomato Pizza
106	Pepper & Mushroom Pizza
107	Pepper & Red Onion Pizza
108	Pepper & Sweetcorn Pizza

Code	Panini's / Jacket Potatoes
004	Assorted Sandwiches / Wraps
019	Cheese Panini (Optional Daily)
022	Chicken Panini (2 Times a Week)
053	Halal Chicken Panini (2 Times a Week)
075	Ham & Cheese Panini (Optional Daily)
082	Jacket Potato Assorted fillings
100	Non Meat Panini (Optional Daily)
151	Tuna Melt Panini (Optional Daily)

- You may select 1 as a Traditional Pizza option on Thursday
- You may select 1 as a Halal Pizza option on Thursday
- Is suitable for Traditional, Halal & Vegetarian option on Thursday
- You must select 1 light green dish on Thursday for your Dessert option
- WARNING - You can select a maximum of 3 items highlighted in black per week to remain compliant to the Bronze Catering Standard

Code	Traditional
097	MSC Gluten Free Fish Fingers
098	MSC Harry Ramsden's Seaside Fish Fillet (New Oct 17)
147	Tempura Battered Goujons
001	25g Fish Fingers
007	Battered Fishcake
035	Fish Pie
096	MSC Gluten Free Bubble Coated Fish Fillet
140	Salmon Bites
146	Tempura Battered Fish 60g Fillet
148	Tempura Battered Salmon Goujons

Code	Halal
097	MSC Gluten Free Fish Fingers
098	MSC Harry Ramsden's Seaside Fish Fillet (New Oct 17)
147	Tempura Battered Goujons
001	25g Fish Fingers
007	Battered Fishcake
035	Fish Pie
096	MSC Gluten Free Bubble Coated Fish Fillet
140	Salmon Bites
146	Tempura Battered Fish 60g Fillet
148	Tempura Battered Salmon Goujons

Code	Vegetarian
116	Quorn Frankfurter
093	Mild Quorn, Spinach & Potato Curry
091	Mexican Mixed Bean Burrito
083	Kidney Bean Curry
086	Lentil Curry
089	Mediterranean Quorn Casserole
094	Mild Veggie Keema & Peas
113	Quorn & Pepper Fajitas
114	Quorn & Vegetable Paella
115	Quorn Burger
117	Quorn Meatballs in Curry Sauce
118	Quorn Meatballs in Tomato Sauce
119	Quorn Meatballs with Gravy
120	Quorn Sausage
153	Veg Soya Lasagne
158	Vegetable Soya Bolognese
160	Veggie Soya Shepherd's Pie

Code	Desserts (Hot)
026	Chocolate Waffle
125	Reduced Sugar Chocolate Sponge
085	Lemon & Sultana Sponge
012	Belgian Waffle
102	Orange & Lemon Sponge
105	Peach Oaty Crumble (50% Fruit)
110	Polish Spice Cake (New Apr 18)
123	Reduced Sugar Choc & Mandarin Sponge
124	Reduced Sugar Chocolate & Pear Sponge (New Apr 18)
128	Reduced Sugar Jam Sponge (Improved Oct 17)
129	Reduced Sugar Mandarin Sponge
130	Reduced Sugar Marble Sponge
131	Reduced Sugar Mixed Fruit Crumble (50% Fruit) (Improved Oct 17)
132	Reduced Sugar Orange Drizzle Cake (Improved Oct 17)
133	Reduced Sugar Pear Vanilla Sponge (50% Fruit) (Improved Oct 17)
134	Reduced Sugar Pineapple Upside Down Cake (50% Fruit) (Improved Oct 17)
135	Rice Pudding, Peaches & Jam
161	Zucchini Cake

Code	Desserts (Cold)
025	Chocolate & Vanilla Mousse
079	Honey, Banana & Yoghurt Pud
031	Date & Cocoa Brownie
002	Angel Delight
005	Autumn Fruit Salad
027	Cocoa & Orange Cookie
030	Cream Cheese, Crackers & Fruit
032	Dusted Raspberry Yoghurt Cake (New Apr 18)
033	Dusted Strawberry Yoghurt Cake (New Apr 18)
036	Flapjack
037	Fresh Fruit Salad & Ice Cream
038	Frozen Smoothie
039	Frozen Yoghurt
040	Fruit Cheese Cake
041	Fruit Jelly
101	Oat Cookie
104	Peach Cheese Cake
109	Plum Yoghurt Cake
126	Reduced Sugar Cocoa Buns
127	Reduced Sugar Decorated Buns
144	Strawberry & Vanilla Mousse

Code	Panini's / Jacket Potatoes
004	Assorted Sandwiches / Wraps
019	Cheese Panini (Optional Daily)
022	Chicken Panini (2 Times a Week)
053	Halal Chicken Panini (2 Times a Week)
075	Ham & Cheese Panini (Optional Daily)
082	Jacket Potato Assorted fillings
100	Non Meat Panini (Optional Daily)
151	Tuna Melt Panini (Optional Daily)

You must select at least 1 light yellow (salmon) product during the 3 week cycle to be compliant to the Food Standards

You must select 1 Green dish on Friday for your Vegetarian option to be compliant to the Food Standards

WARNING - You can select a maximum of 3 items highlighted in black per week to remain compliant to the Bronze Catering Standard