### **Template**



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### STAR analysis for children in early years – example.

<u>S</u> etting	<u>T</u> rigger	<u>A</u> ction	<u>R</u> esults	Possible Communication
Where, when, what?	What appeared to	What did the	What was the	What was the individual trying to convey?
Day / Date / Time /	start the behaviour?	individual do / say?	immediate outcome	What skill would individual need to prevent this
Place / Task		What did the adult /	for the individual?	happening again?
Personal settings e.g.		other children do /		
hunger, pain,		say?		
temperature.				
Monday 4 <sup>th</sup> April	Other children	Hits other children	Was allowed to sit in	Communication- I want to get away from other
	crowding round on	and attempts to leave	the safe space by	children touching me. I do not like / understand
10.50 am	the carpet.	the area, spitting as	himself. No-one went	the transition.
		he goes.	near him for	
Classroom – carpet			approximately half an	Skills child will need include-
area at the beginning		The other children	hour.	May not understand where he can sit on
of whole class		moved back. One		the carpet. May need a carpet square to
teaching.		child shouted out, "He		demarcate his space.
		got spit on me."		Sit at the side of the carpet or near the
				front away from the main crowd.

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Parent/carer reported		The adult showed		Use a picture symbol to prepare child for
that the individual		him a 'safe space'		transition to carpet.
had been awake		visual and said, "You		Build up time spent on the carpet start with
since 4 am. Tired?		look sad, try the safe		a minimum time and use a timer to visually
		space."		show how long the child will have to sit
				there.
				Give all the class carpet spaces or carpet
				partners so it is clear to all pupils where
				they sit.
				May help to be either the first or the last to
				sit down.
Thursday 7 <sup>th</sup> April	The smell of cooked	Throw self to floor at	Was taken away from	Communication- I want to get away from the
	lunches.	the hall door and cry.	the hall and ate	smell. I do not like the noise.
11.50 am			sandwiches in the	
	Noise from the dining	The other children	classroom.	Skills child will need include-
The dining hall – on	hall.	walked round him		Would need to become sensitised to the
the way into dinners		and continued into		smell of cooked food. Start by having
at the door.		the dining hall.		sandwiches in another room. Children on
				dinners bring their food into room and sit
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Hasn't eaten morning	The adult said, "You	with child. Child takes part in cooking
snack.	look sad. How can I	activities in class. Child sits in dinner hall
	help?"	for very limited period of time. Child may
		like the smell of sweet things more than
		savoury so come in near the end of lunch
		or if he/ she likes it to be quiet come in at
		the start. Gradually extend the time with
		use of motivators to encourage.
		Introduce picture symbol for lunchtime
		showing what is being cooked to prepare
		child in advance.
		Would need to learn how to cope with
		smells that may happen randomly e.g.
		have a 'smell hanky' with a nice smell for
		child to hold, aroma balls, smelly putty etc.
		Noise tolerance – offer ear defenders.

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#### Things to note:

This help sheet is part of the STAR Analysis and Crisis Plan Early Years Toolkit.

- How to use a STAR Analysis
- STAR Analysis Template for Children in Early Years
- STAR Analysis Template for Children in Early Years Example

#### Reference / Evidence base - informed by:

Zarkowska, E. and Clements, J. (1994): Problem Behaviour and People with Severe Learning Disabilities: the STAR Approach. London, Chapman and Hall.

Team Teach