**Communication and Interaction Team**

**Social Activities for Young People**

Here is a list of some activities that you could do at home as a family:

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| **Work together as a family, learning about things that others are interested in.**  Using their special interest:   * Create a factsheet * Create a PowerPoint Presentation * Make an information video |
| **Learn a new skill**  Use this opportunity to learn something new – a language, knitting, origami, how to use a computer programme etc…  You could:   * All learn something new together * Find a skill that each person knows how to do which others don’t, and take it in turns to teach each other. |
| **Make a music video**  You don’t need to use loads of technology: Just grab your phone and start recording. |
| **Do your Family Tree and research your Family History together** |
| **Keep a Video Diary**  Use your phone to keep a video diary of what you all get up to each day. Or start a family blog. |
| **Play a game with each other** |
| **Give each other a make-over**  Let them do your make-up and dress you in clothes they want to and then vice versa. |
| **Listen to new music**   * Spend time listening to music/artists that they enjoy, allowing them to tell you all about them * Share music that you like listening to, or music that you listened to when you were their age. |
| **Write a letter to someone that you haven’t seen for a while** |