**The School Food Conference** Agenda

5th December 2017, 09.00-16.00

Lord Mayors Banqueting Hall, Civic Hall, Calverley St, Leeds, LS1 1UR**.**

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| **09:00-9:30** | **Registration and refreshments** |
| 09.30 | **Welcome**  Councillor Mulherin  Executive Board Member for Children and Families |
| 10.00 | **Leeds Child Healthy Weight Plan: A plan for action.**  Deb Lowe  Advanced Health Improvement Specialist, Public Health |
| 10.15 | **Transforming school food: Healthier and tastier school meals**  Dave Carrack  Executive Chef, Horsforth & Benton Park School |
| 10.40 | **Starting As We Mean To Go On. Reducing sugar in school meals and pudding swap pilot**  Karen Smith  Food Technologist, Catering Leeds |
| 11.05 | **Perspectives on packed lunches: What the research tells us**.  Dr Hannah Ensaff  University of Leeds |
| **11.30-11.45** | **Break** |
| 11.45 | **The NEW Whole School Food Policy, Packed Lunches & the School Food Standards**  Siobhan O’Mahony  Nutritionist, Health & Wellbeing Service, Leeds City Council |
| 12.10 | **Implementing an effective whole school food policy to change behaviour and consumption**  Beki Vargassoff  Headteacher, Fieldhead Carr Primary School |
| 12.35 | **Improving your school lunch provision. Exceeding the school food standards & menu adaptations** (Group activity) |
| **13.00-13.45** | **Lunch and networking** |
| 13.45 | **Speed sharing: A chance to hear examples of best practice in schools and organisations** |
| 14.15 | **My Health My School Survey: What the data tells us**  Steve Body  PSHE & Healthy Schools Consultant, Health and Wellbeing Service |
| 14.30 | **Breakfast, behaviour and academic outcomes**  Prof Louise Dye  University of Leeds |
| 14.50 | **Effective implementation of school healthy lifestyle programmes: lessons learnt**  Prof Pinki Sahota  Professor of Nutrition and Childhood Obesity, Leeds Beckett University |
| 15.10 | **The NEW Leeds Food Charter: What this means for schools**  Sonja Woodcock  Sustainable Food Cities Coordinator, Leeds Food Partnership |
| 15.30 | **The next steps for school food and Universal infant Free School Meals**  Siobhan O’Mahony  Nutritionist, Health & Wellbeing Service, Leeds City Council |
| **15.45–16:00** | **Closing remarks, evaluation and finish** |

