

Evidence informed teaching and leadership

Metacognition and Self-regulated Learning

This programme reviews the best available research to offer teachers and senior leaders at primary and secondary practical advice on how to develop their pupils' metacognitive skills and knowledge. We will explore the seven recommendations from the EEF's guidance report and 'myth bust' common misconceptions teachers have about metacognition. You will be given the tools and support to allow you implement effective approaches to metacognition and self-regulated learning.

Day One - 12 March: Understanding metacognition and self-regulation

- metacognition misconceptions
- planning, monitoring and evaluating
- modelling your own thinking to help pupils develop their metacognitive and cognitive skills

Day Two - 11 June: Metacognition to support pupils to tackle their biggest challenge

- metacognition and your school
- appropriate challenge and working memory limits
- cognitive load theory and modelling

Day Three - 3 July: Explicitly teaching pupils metacognitive strategies

- teaching pupils how to effectively manage their learning
- homework and the challenges that attend independent learning
- implementing metacognition and self-regulation in your school

This course is delivered over three days and will be held at Dixons City Academy. Programme cost £295. Schools can send an additional delegate for £95. Sign up below or contact us to find out more.

Sign up here

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