## How are your safeguarding leads? How well do we look after them?

See below for how Step2YPH might be able to help



## Looking after your staff



Step2 offer a **supervision service** for staff who have responsibilities for safe-guarding and/or mental health support within their organisation. We recognise the strain and the pressure that these members of staff are often under.

- Staff often deal with a lot of traumatic and distressing material and over time this can have an impact on emotional and subsequent physical wellbeing, and crucially, on vital decision-making processes if not monitored, managed and supported effectively.
- Sometimes children and young people present us with issues that may
  be unresolved in ourselves, and this can affect the way we might
  respond to a child, preventing us from hearing them properly.

## We offer staff:

- Supervision sessions, once every half term, with an independent supervisor, who is not part of the line management of the organisation.
- a confidential, safe space, where there is an opportunity to offload; to
  process traumatic and disturbing material; to pay attention to responses
  to cases and self-monitor any factors that might be getting in the way of
  decision-making processes.

If you would like to discuss this any further, or enquire about costings, contact pauline@step2.org.uk



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