



Down Syndrome Training & Support Service

Registered Charity Number 1130994.
Company registered in England and Wales 6915555

June 2023

اطلاعات عام JustGiving™

JUNE FAMILY SATURDAY SESSION

Our June session is on Saturday 10th June, 10am to 12pm at Bingley Methodist Church, BD16 4JS).



Into The Wild (based in Shipley)



will be joining for the morning—remember the baby tortoise from last year! All families and family members welcome. Transport provided if required - please contact the office.

CHARITY FUNDRAISER For Down Syndrome Summer 2023

- Live Music
- Dancing
- Games
- Food
- Licensed Bar
- Tombola
- Magician
- Face Painting
- ...and so much more!

Brought to you by Down Syndrome Training & Support Service Ltd
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Saturday 8th July
2pm-8pm
Keighley Rugby Union Football Club
Skipton Rd, Utley, Keighley BD20 6DT

UtunPribados, Wild Geese, Superstar George Webster will open our event.

TICKETS: Adult...on the gate £10...online £8
Children(5+)...on the gate £5...online £4
People with Down syndrome...FREE!

So much to see & do... All that's missing is YOU!

Visit www.downsyndromebradford.com | call 0274 561308 | email

SIBZ ZONE June

Our next monthly Sibz Zone is online via Zoom on Wednesday 21st June, 7pm with Elanor Murray.



Please contact the office for the Zoom link. An online registration form is now available for the group. Please can all members complete this by following the link below or the QR code. https://form.jotform.com/wendy_uttley/sibz-zone-registration-form

We are delighted to invite you to our charity fundraising day on Saturday 8th July.

The amazing George Webster superstar from CBeebies will open the event.

Local bands, bouncy castles, childrens' games, magician, outdoor catering, fire engine, tombola, raffle.and much more....

Fun and entertainment for all the family from 2 to 8pm

Entry tickets are available via our website

[Charity fundraiser event | Down Syndrome T&SS \(downsyndromebradford.com\)](https://www.downsyndromebradford.com)

SUMMER RAFFLE

Our summer raffle will also be drawn at the event. Get your tickets now:

https://form.jotform.com/wendy_uttley/charity-fundraiser-event-summer-raf

1st Prize – Signed Leeds Rhinos shirt – Jamie Peacock, presented in person get a picture with him!



2nd Prize - £100 voucher for Mylalore

3rd Prize – meal out for 2 at Napoleans Casino, Bradford

4th Prize - £40 voucher for Aldo Italian

All prizes donated by Adam Khan

POSTERS

If you would like a poster/flyers to help promote the event please contact the office. You are very welcome to print off the poster from our website. Please share; we really want the day to be a great success.

VOLUNTEERS

We are in need of additional volunteers to help with the smooth running of the day—car park attendants, people to staff the entry gate, etc. If you have a little time to spare we would love to hear from you.

PROF. SUE BUCKLEY TO VISIT CENTRE

On Monday 5th June, 1 to 2pm, Sue Buckley OBE is visiting our centre to meet some of our younger families.

The timing is set to coincide with our baby group which runs until 12pm. A buffet lunch will be provided for all families who wish to meet her.

Sue Buckley is a leading expert in education and development for young people with Down syndrome. She began research examining early reading instruction for children with Down syndrome in 1980 and founded Down Syndrome Education International in 1986. Sue is the expert behind See & Learn and everything we do at our centre.

Please contact the office to book your place asap. Thank you



WE WON THE T&A COMMUNITY INVOLVEMENT AWARD CATEGORY EDUCATION

We were delighted to learn that we won the Telegraph & Argus Community Involvement Award in the education category. Here we all are receiving our prize: [Bradford Education Awards 2023 winners are revealed | Bradford Telegraph and Argus \(thetelegraphandargus.co.uk\)](https://www.thetelegraphandargus.co.uk)



TRAINING AT OUR CENTRE

with Dr Wendy Uttley

- **Teaching number skills beyond 10, time & money (June)**

- **Toilet training (July)**

This term we have postponed or cancelled several training courses due to poor uptake. The Reading Language Intervention course and transition workshop evening will now run in the Autumn term.

Teaching number skills beyond 10, time & money

Friday 16th June 2023, 9.30 to 3.00pm

In the morning we will look in detail at tackling number skills beyond 10:

- ◆ Rote counting in 10s, 5s, 2s, teens and counting through decades up to 100
- ◆ Recognising 2 and 3 digit numbers, place value and order
- ◆ Counting to find how many – beyond 10
- ◆ Adding up and taking away – methods to succeed
- ◆ Fractions, multiplication, division and using calculators

After lunch we will tackle time and money

Time: This workshop will equip participants with a structured programme of activities and resources, developed and written by Wendy Uttley, to help them teach the passage of time and then how, step by step, to teach a child how to tell the time.

Money: We will detail a programme written by Wendy Uttley which consists of 120 finely graded activities to help teach a person with Down syndrome or other learning disability to understand and use money. From the early stages of learning the names for the coins to working with pounds and pence this programme is suitable to use with a child from approximately 5 years of age.

COST: £80 per professional (£20 for a second person from the same school) /£20 per family member.

Digital download or memory stick of each programme/resources available for £10.00 each

Three week 'toilet training for all ages' Workshop (option to be online)

Friday 30th June, 7th,14th July 2023, 10am to 12pm

Do you need help toilet training your child?

Whether it be a young child just starting or an older child who still needs to develop skills towards independent toileting you are welcome to join us.

Sessions will run over three weeks and cover how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child. There will also be opportunities to support each other, share ideas and resources and monitor progress.

The course is 2 hours a week for 3 weeks and limited to 7 families.

COST: FREE to family members, otherwise £30

- *Activities gave a true understanding of how difficult it is for a child with Down syndrome*
- *Benefitted from hearing other parent's experiences, some really useful tips.*
- *Lots of ideas and given me confidence as very daunted and didn't know who to ask.*



Next academic year (from September 2023)

A full range of training courses have been scheduled for the next academic year. Our training booklet is now available and all details can be downloaded from our website.

*****THE IMPORTANCE OF TRAINING*****

It is vitally important that all adults working with a child with Down syndrome understands their learning needs and how to meet these needs.

All teaching staff are welcome to join our Introduction to Down syndrome course for FREE. It will run at the beginning of each term. To enhance your practice further we suggest staff working closely with the child are also trained in signing, using visuals to support language development and teaching basic number skills. Each term these three additional courses will follow on from the Introduction to Down syndrome course over several weeks.

The cost of these additional courses is usually £200. If you book all three together the cost is reduced to £150, plus you can have a further 50% off one other course of your choice from:

- Reading Language Intervention
- ME: my body, my friends, my life
- Beyond 10 time and money
- Expectations of behaviour

FOR FULL DETAILS PLEASE VISIT OUR WEBSITE:

[Training | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](http://Training | Down Syndrome Training and Support Service Ltd (downsyndromebradford.com))

*****ALL PRE RECORDED TRAINING NOW AVAILABLE TO ***
DOWNLOAD FOR £5 PER MODULE.**

[Buy resources | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](http://Buy resources | Down Syndrome Training and Support Service Ltd (downsyndromebradford.com)) Courses include Introduction to Down syndrome, signing, Let's make it visual, teaching basic number skills, expectations of behaviour and RLI.

DOWN SYNDROME

EDUCATION INTERNATIONAL



Online courses from Down Syndrome Education International are now available with low cost monthly subscriptions. Each course includes a series of modules, each of which includes a video presentation, handouts and an assessment. The video presentations can be viewed online, handouts downloaded and assessments completed at any time. Courses include:

- A parent's guide to teaching reading to children and young people with Down syndrome
- A parent's guide to speech, language and communication for children with Down syndrome
- Supporting early development for children with Down syndrome from birth to 5 years
- Effective education for children with Down syndrome in school
- Implementing the Reading and Language Intervention for children with Down syndrome (RLI)
- Managing behaviour difficulties for children with Down syndrome
- Improving speech and language development for children and young people with Down syndrome
- Supporting the Reading and Language Intervention for children with Down syndrome (RLI) - Accredited trainer training

Consultations, observations and assessments

Are available at an hourly rate, either online, in school or at our centre. Please visit [Consultations | Down Syndrome T&SS \(downsyndromebradford.com\)](http://Consultations | Down Syndrome T&SS (downsyndromebradford.com)) to book or for details.

IPSEA

Training courses for parents and professionals in SEN law, EHCP and much more...

Follow the link for details on EHCP and schools

[Choosing a school with an EHC plan | \(IPSEA\) Independent](http://Choosing a school with an EHC plan | (IPSEA) Independent)



**FREE ONE TO ONE COUNSELLING
SESSIONS AVAILABLE ONLINE WITH OUR
COUNSELLOR TARA FOX**



Are you in need of some counselling?
We currently have some funding for one to one sessions with our highly experienced counsellor Tara Fox. Please email the [office](#) or ring 01274 561308 for more details or to book.

MORE THERAPIES AVAILABLE AT OUR CENTRE

PHYSIOTHERAPY

Thursday 22nd June

We are delighted to announce that we have recently employed as an independent physiotherapist, Holly Dunn, to provide one to one consultations once per month at our centre. Each month there will be capacity for 4 appointments. Appointments will be 45 minutes long and cost £10 by donation.



Holly has a wealth of experience of working with children who have Down syndrome. Holly will be at our centre on Thursday 22nd June. PLEASE CONTACT THE CENTRE TO BOOK A PLACE. These sessions are funded by the National Lottery until March 2025.

OCCUPATIONAL THERAPY

Friday 23rd June

Wendy Scaife, independent occupational therapist, visits our centre once a month to offer advice, assessments and programmes of activities to help in developing fine and gross motor skills and address sensory issues experienced by many of our children.



Appointments are 45 minutes long and cost £10 (by donation). Please contact the Office to book; four places are available each month: 9.30. 10.30. 11.30 & 1pm

Funded by the National Lottery.



SPEECH & LANGUAGE GROUP SESSION

from age 5 to adulthood

FANTASTIC EVALUATION REPORT

Thank you to all 34 families who completed our evaluation. The full report is available to download [here](#).

Just a brief summary includes:

- 72% noticed improvement in language skills
- 80% noted improvement in sentence utterance
- 54% noted improvement in speech speed
- 45% noted improvement in grammar
- 83% noted increased vocabulary
- 81% noted improved clarity of speech
- 77% noted improved communication with family
- 64% noted improved interaction and social skills
- 68% noted improved friendships and appropriate greetings
- 97% enjoy coming to the sessions

Fantastic sessions, lovely approach. Our child seems to enjoy the session and is learning some great skills. We also appreciate the pointers and tips to work on at home. We have had private and NHS Salt before and this is the best we've ever had as it is at the right level and is actually working on the things we need to work on. Thank you so much

JUNE SESSIONS

JESSICA FOLEY: All groups will run Saturday 24th June at the centre. This month the adult group will be practising ordering an ice cream ready for next month when they will be going to the park to buy one.

LAUREN DRAKE: Sunday 11th June at the centre

Funded by Birkdale Trust for Hearing Impaired.

WISH CLUB

JUNE ACTIVITIES

- 2nd June - Going out Club - crazy golf, see below
- 9th June - Sensory Jar crafts
- 16th June - Father's Day Crafts
- 23rd June - Shaving Cream Fireworks
- 30th June - Bubble Crafts

The club runs every Friday, 6 to 8pm, for young people aged 11 to 13 years and 6pm to 10pm for teenagers and adults up to age 25.

It's full of amazing equipment: HiFi, pool table, X box, TV, DVD player, exercise bikes, karaoke, football table, chill out area with bean bags and comfy couches, air hockey table and large Connect 4.

Young people are welcome to bring along a friend or sibling age 11+ to the club. We charge £2 subs every week and also run a tuck shop so please ensure your young person has a little cash on them. It all helps towards developing money skills. Thank you.

GOING OUT CLUB

(part of the Wish Club, age 11 to 25, plus adults aged 25+)

In April we had a fantastic night out to Bingley Little Theatre to see ABBA. 20 of us sang and danced the night away.

This month we are going out to play crazy golf and football pool at Looney Golf, North Parade, Bradford on Friday 2nd June, 2 to 4pm. A booking form is available,

follow the link [https://form.jotform.com/wendy_uttley/going-out-club-looney-golf](https://form.jotform.com/form.jotform.com/wendy_uttley/going-out-club-looney-golf)

or QR code or contacting our office.

Places limited to 15. Cost £10.



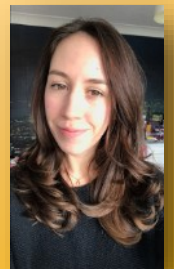
FUTURE OUTINGS

- SEPT - EAT OUT AT THE SHARMA**, Bingley, 20 places
- OCT - BOWLING** at Hollywood Bowl, 18 places
- DEC - CHRISTMAS PARTY** at Chapter 2, Bingley, 50 places



S enjoys the sessions very much. Apart from language skills she is also developing social skills like listening to others and taking turns. Lauren is wonderfully engaging and gets the very best out of everyone.

Cannot thank you and Jess enough for the continued speech therapy support. Jess is amazing and is always so patient and supportive of all of the children who attend her sessions. Her instructions to the children are always very clear and they respond so well to her. Absolutely excellent!



EARLY DEVELOPMENT GROUPS

NEXT TERM

We are busy finalising groups and dates for the Autumn term. There are a few places still available and if you are not already involved and you would like a place from Sept please contact the office. Thank you.



EVALUATION REPORT

A massive thank you to the 34 families who completed our evaluation form; the full report can be downloaded [here](#) or a copy can be collected from the centre/posted. Here is a brief summary:

My child is making progress as a result of attending these sessions

4.73/5 

- He is learning more signs and more words/speech sounds. He is now recognising numbers 1-5 and he can count up to 3 himself.
- My son is learning to count , he's learning to sit better , he's learning words and understanding their meaning .
- He gains confidence more and more each time and loves to engage in the activities at a quick pace. The structure helps as he knows what is coming next. His 1:1's have started to attend and have said how impressed they are with his concentration and what he is capable of doing which has given them the ideas and skills to move some activities into school. It is always helpful to talk to other parents and feel supported by everyone in the room.
- I don't think we'd be at the stage we're currently at if he hadn't attended these sessions. Because he has been prepped a bit with sounds and numbers etc through attending sessions at Bingley, he is able to easily work alongside and fit in with his peers at school

I feel confident to support my child's learning as a result of attending these sessions

4.74/5 

- After practising a skill in the group we then practice the same thing at home. The materials we are given to take home really help with this. It's very helpful to be able to discuss development related issues as well as any other Down Syndrome related issues with the group leader and the other parents.
- Vital and much appreciated service. A lifeline when you find out your baby will have Down syndrome. Always welcoming, warm and knowledgeable. Reassured such a group exists and will be there for support, guidance and training from birth to adulthood. Without it would make navigating this unknown much more stressful and worrying.
- I think the social aspect of mixing with other children of a similar age/ability is very beneficial for my son. It's lovely for him to have a peer group he can interact with regularly. I find that he will eat things in snack time that he wouldn't previously have at home. Snack time and many of the activities also help him to develop turn taking skills.
- I feel these sessions are so crucial to my child's development and strongly believe that she would not be doing as well as she is had we not attended these for the last 2 years.

Private Facebook page <https://www.facebook.com/groups/earlydevelopmentgroups>

[earlydevelopmentgroups](https://www.facebook.com/groups/earlydevelopmentgroups)

FUNDED BY THE NATIONAL LOTTERY.



Samuel and fellow pupils at Lightcliffe School helped to raise £206.94 from a bun sale for world Down syndrome day. Fantastic!



TWIRLY21s

This is our youngest dance group for children aged 5 to around 12 years of age.

As children leave our early development groups, aged around 5 to 6, parents can often feel the loss of their regular contact and the opportunity to share experiences and offer mutual support. The class meets weekly and while the children are dancing parents can regain this opportunity over a cup of tea/coffee.

Classes are delivered by Claire King who has a wealth of experience of working with young children who have Down syndrome. She has been delivering sessions for us since 2010.

Classes run weekly on a Saturday at Footsteps Theatre School, Idle, BD10 8PY, 2.30 to 3.30pm.

Dancers are asked to pay £2 on entry to practice their money skills.

DANCE21

Our older dance group is for young people aged 12+.

Classes are delivered by Claire King, alongside Kim Booth, one of our most experienced dance21 members.

The sessions run weekly on a Thursday evening 6 to 7pm at Footsteps Theatre School, Idle, BD10 8PY.

The group are working on a number of routines with the aim of performing at external events to promote awareness of Down syndrome and our charity. Dancers are asked to pay £3.50 on entry to practice their money skills.



NEW OUTFITS

We have funding for new outfits—watch this space!

UPDATE ON THE DOWN SYNDROME ACT



Thanks to the wide engagement with voluntary and charity sector organisations on this piece of work we managed to collate a substantial body of evidence, including over 1100 responses to the online questionnaire, as well as a number of in-depth formal organisational responses.

We have been asked by our ministers to proceed at pace with developing the guidance, therefore it has been decided that we will not be publishing a formal government response to the CfE as we previously said we would. We will provide an update on the CfE webpage to thank people for participating and to let them know that there will not be a formal response. We will also briefly explain the next steps and be clear that we will run a public consultation on the draft guidance later this year before the final guidance is published.

SAVE THE SUMMER DATES

SUMMER PARTY - SATURDAY 12TH AUGUST

SUMMER TRIP TO BRIDLINGTON - THURSDAY 24TH AUGUST

News and articles from elsewhere - support

CARERS CHOICE NEWSLETTER—JUNE

From 5th to 11th June it is carers week. Carers Choice covers Bradford, Skipton, Harrogate and Selby. Pages 6 to 8 list the events including coffee mornings, walks, craft sessions on offer at many locations across the area. Download your copy here: [Carers' Resource Choices Newsletter June 2023](#) (carersresource.org)

RESEARCH INTO TRANSITION INTO 'BIG' SCHOOL YOUR HELP NEEDED PLEASE

Researchers at the University of Manchester and LETS Go UK are interested in understanding primary-secondary school transition for pupils with DS. They are currently looking to carry out research with Year 6 pupils; to explore the views of pupils with Down Syndrome and their parents through online interviews, in order to understand the levels and types of support that they have received across transition.

This study is also aiming to interview a member of staff from your child's primary school, as well as their future secondary school.

This is to gain the perspectives of all the key individuals that were involved in your child's transition.

If you would like to take part or require any further information, please contact Kelly Burgoyne at kelly.burgoyne@manchester.ac.uk or Charlotte Bagnall at charlotte.bagnall@manchester.ac.uk

MENCAP POSITIVE AMBITIONS

Learn all about work with Mencap. The course covers a range of work related skills including interview skills, behaviour at work, decision making, identifying your skills and qualities. For young people with a learning disability in the Keighley/Shipley area. Contact Randeep Kaur 07950491550 or Anneliese Briers 07966287942



Preparation For Adulthood (PFA) Zoom meetings

SNOOP are running a number of Zoom meetings for parent/carers who have a child or young person in year 9 or above.

Weds 14 June, 7.15pm, Lucy Smith from Shipley College will be running a session about transitioning to college and college life. For more information or to book on any of the sessions please contact Sophie by email: Sophie.Turnball@snoopcharity.org

Preparing for Adulthood, PFA Prospectus is now live on the Local Offer website. Its full of useful info:

[Employment & training for young people with SEND in Bradford](#)

SEND Next choices - getting ready for adult life

[SEND Next choices - getting ready for adult life | Inclusive Growth Leeds](#)

First Direct arena on Thursday 29th June 2023.

Visitors can book a free ticket 10am-12pm, 1pm-3pm or 4pm-6pm. An opportunity for young people with Special Educational Needs and Disabilities (SEND) and their parents, carers, support workers and teachers to prepare themselves for adult life. Find out about jobs, training, apprenticeships, college courses, voluntary work, leisure activities, finances, support and benefits available in Leeds.

There will also be information sessions about supported internships including what they are and how they work. You will be able to meet organisations who can support you as you move into adult life.

[SEND Partnership Newsletter - May 2023 \(govdelivery.com\)](#)

BRADFORD'S NEWSLETTER FOR FAMILIES CARING FOR A CHILD WITH SEND

ADULT SOCIAL CARE, BRADFORD WORKSHOPS—tell your story!

Bradford Council's Adult Social Care Department is planning to hold a series of interactive workshops during the month of June. They wish to listen to local people and understand what matters the most to those who are receiving or have accessed their services.

Tea/coffee and refreshments will be available or you can meet online.

To join the workshop you will need to book via Eventbrite:

• Tue 13 Jun, 10.00-13.00, Carlisle Business Centre, <https://www.eventbrite.co.uk/e/bradford-adult-social-care-community-engagement-workshop-bradford-tickets-630779838477>

• Tue 20 Jun, 10.00,13.00, Keighley Central Hall, <https://www.eventbrite.co.uk/e/bradford-adult-social-care-community-engagement-workshop-keighley-tickets-631510714547>

Virtual Workshops

• Wed 14 Jun, 10.00-13.00, <https://www.eventbrite.co.uk/e/bradford-adult-social-care-community-engagement-virtual-workshop-1-tickets-631523081537>

• Wed 21 Jun, 10.00-13.00, <https://www.eventbrite.co.uk/e/bradford-adult-social-care-community-engagement-virtual-workshop-2-tickets-631532710337>

The core aim of Adult Social Care is to ensure that the services and the support people receive are co-ordinated, person centred and promote choice so that, wherever possible, people can live an independent and fulfilling life being part of their local community.

Department of Health and Wellbeing, 5th Floor, Britannia House, Broadway, Bradford BD1 1HX

T: 01274 437313 | M: 07582 102672

PARENTS FORUM FOR BRADFORD & AIREDALE NEWSLETTER

[May 2023 newsletter \(pfba.org.uk\)](#)

With news on Max Cards, school transport, meeting with the Bradford SEND team to discuss education and social care. Feedback opportunities on the Local Offer and a funday at Nell Bank—all in June.



FREE INCLUSIVITY DAY - BRADFORD BULLS, ODSAL

On Sunday 2nd July Keighley Cougars and Bradford Bulls are playing at Odsal Stadium to launch inclusivity across the region.

Children under the age of 18 plus any of our family members can attend the match for **free**.

If you would like a ticket please contact our office. For more details visit:

[GET INVOLVED WITH OUR INCLUSIVITY DAY \(bradfordbulls.co.uk\)](#)

Sleep Seminars via Zoom with Cerebra

Understanding and supporting children's sleep for parents and carers of children with brain conditions aims:

- To build on your knowledge and understanding of sleep and what impacts/improves it
- To increase your skills when addressing issues of settling, night waking, early rising and sleeping alone
- To improve your confidence to apply information gained to your own situation

Upcoming Seminars: Tues 27th June, Thurs 30th June, 10am to 12.30pm

Visit: <https://cerebra.org.uk/get-advice-support/sleep-advice-service/>

DSA NEWSLETTER: [Down's Syndrome Association | May Newsletter \(mailchi.mp\)](#)

Cardiovascular Complications in People who have Down syndrome. A detailed review paper

[Cardiovascular Complications of Down Syndrome: Scoping Review and Expert Consensus | Circulation \(ahajournals.org\)](#)



fundraising news

A BIG THANK YOU TO EVERYONE WHO RAISED AND DONATED FUNDS DURING APRIL & MAY

Total raised April & May £13401.40, total to date 2023, £22170.66. Monthly target £5800, yearly target £70 000.

Easter raffle, £240.12

Kelly's Childminding, £41.90

Donna's Childminding, £81.30

Ruth Worby, £191.13

In memory of Freda Hickman, £60

Amelia Kay, birthday fundraiser, Facebook, £30

Zoe Lee, birthday fundraiser, Facebook, £70

Jessica Dawson, birthday fundraiser, £20

Calverley School, World Down Syndrome day, £255

Lightcliffe School, bun sale for WSDS, £206.94

Brackenhill School, lots of socks for WSDS, £72

Justgiving, £2275.29, Gerry's challenge

Give As You Live, £25.38

Easy Fundraising, £15.85

Amazon Smile, £120.61

Calder High School, WSDS, £70.51

Liz McLean, collection tin, £95.37

REGULAR MONTHLY DONORS

John Cain, £25 x2

G Sweaney, £5 x2

Peter Todd, £25 x2

Mrs P Fletcher, £15 x2

G Martill, £10 x2

GRANTS

Alfred Sharp Trust, £2070 towards Down Syndrome Learning Support Packs

Charles & Elsie Sykes Trust, £4000 towards Down Syndrome Learning Support Packs

Barbara Ward Foundation, £3360 towards dance

Total raised in
2023
£22170.66

GERRY'S CHALLENGE

[Gerry Hughes is fundraising for Down Syndrome Training and Support Service Limited \(justgiving.com\)](#)

In April Gerry set off on an expedition of a lifetime walking the Camino de Santiago which is a pilgrimage of just under 500 miles from Saint

Jean Pied de Port in France to Santiago de Compostela in Spain.

After walking 148 miles Gerry had to return home as her feet were suffering. She plans to resume the walk in August!

Please follow and share the link to support her. Thank you



All Together Now choir donated £1250

JustGiving™

We are now registered to raise funds through JustGiving. Follow the link below to the fundraising page on our website

[Fundraising | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](#) or click on the logo to donate

direct. Thank you

EASTER RAFFLE WINNERS

1st - Christine Pollard (Hotel Chocolat truffles)

2nd - Diane Ivy's Grandma (large Easter egg)

3rd - Diane Ivy's Grandma (large Easter egg)

4th - Emma Tilsley (bunny teddy)

5th - Rachel Pollard (Munchies egg)

6th - Emma Tilsley (Orange Smarties egg)

7th - Andrez Legallez (Smarties egg)

8th - Rachel Philips (Crunchies egg)

ebay FOR CHARITY

SELL ON EBAY AND DONATE DIRECT TO OUR CHARITY

[Down syndrome training & support service ltd | eBay for Charity](#)

SHOP AT YOUR LOCAL COOP Local Community Fund



We're part of the Co-op Local Community Fund
Select us as your cause
[coop.co.uk/membership](#)

Co-op Members can

select our charity using the link below. Sign up or log-in to be one click away from supporting our charity.

<https://membership.coop.co.uk/causes/69175>

For every £1 members spend on selected Co-op branded products and services, 1p will go directly to your chosen cause. Joining Co-op membership costs £1.

VISIT ALADDIN'S CAVE OUR ONLINE CHARITY SHOP NOW LIVE

<https://www.facebook.com/profile.php?id=100087542357302>

KEEP UP TO DATE WITH EVENTS ON SOCIAL MEDIA

PUBLIC FACEBOOK PAGE <https://www.facebook.com/DownsyndromeTSS/>

For more general and formal information.

CLOSED FACEBOOK GROUP Our closed Facebook group provides information on day to day activities <https://www.facebook.com/groups/DSTSS/>

TWITTER <https://twitter.com/DownsyndromeTSS>

INSTAGRAM <https://www.instagram.com/downsyndrometss/>

CONTACT Wendy Uttley or Heidi Shepherd

Website: www.downsyndromebradford.com

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