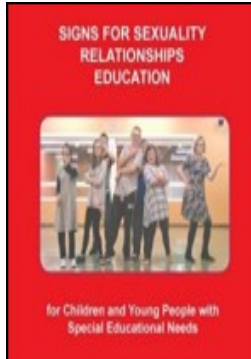
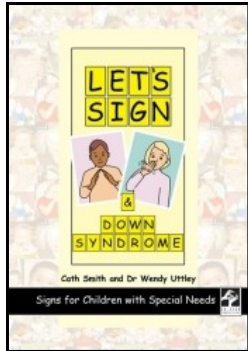


# TRAINING

ACADEMIC YEAR 2023 TO 2024

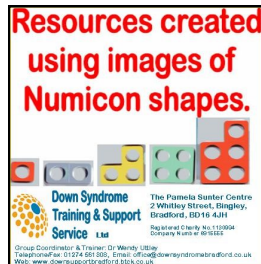
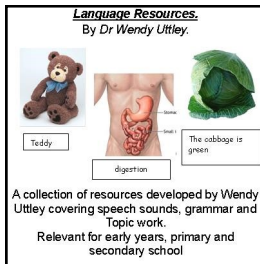
At The Pamela Sunter Centre, Bradford.  
Courses delivered by Dr Wendy Uttley,  
in the specific learning needs of children and young people  
with Down syndrome



## SIGNING BOOKS

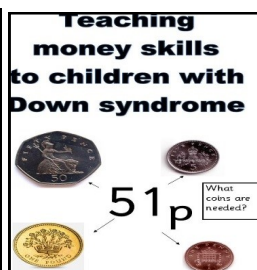
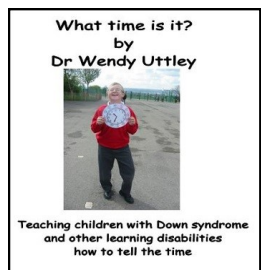
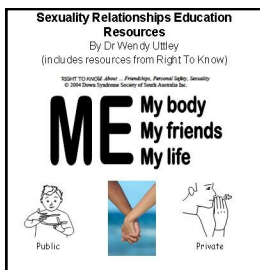
*Let's Sign & Down*  
syndrome includes over  
300 signs to accompany  
our signing course, £7.

*Signs for SRE.*  
This supports our ME, my  
body, my friends, my life  
workshop, £6.



## DIGITAL DOWNLOAD/ MEMORY STICK £10

Resources and activities to  
support several of our  
training courses.  
Both the time and money  
resource includes a  
programme of delivery.



- *Introduction to Down syndrome FREE (Sept'23, repeat Jan & Apr'24)*
- *Signing and children with Down syndrome (Sept'23, repeat Jan & Apr'24)*
- *Let's make it visual – using visual resources to develop the language, communication and literacy skills of children with Down syndrome (Oct'23, repeat Feb & May'24)*
- *Teaching basic number skills to children with Down syndrome using the Numicon approach (Oct'23, repeat Feb & May'24)*
- *Reading, Language Intervention for children with Down syndrome (Nov'23)*
- *Transition evening WORKSHOP (Nov'23)*
- *Teaching number skills beyond 10, time & money (Nov'23)*
- *Three week 'toilet training for all ages' WORKSHOP (Dec '23, repeat Jun'24)*
- *Expectations of behaviour - understanding and modifying behaviours of children with Down syndrome (Mar'24)*
- *ME, my body, my friends, my life - SRE and Down syndrome WORKSHOP (May'24)*

We do not wish costs to prohibit anyone from accessing our training. If a family or school wishes to attend but they are worried about costs just let us know. You are welcome to attend for free, a donation or you may wish to consider organising a fundraising event for us.

<https://www.downsyndromebradford.com/buy-resources-1>



**Down Syndrome  
Training & Support  
Service Ltd**

The Pamela Sunter Centre  
2 Whitley Street, Bingley, BD16 4JH  
Telephone 01274 561308  
office@downsyndromebradford.co.uk  
www.downsyndromebradford.com

Registered Charity No.1130994  
Company Number 6915555

100% of participants feel that they can improve their practise because of our training and the majority feel they understand Down syndrome and inclusion more.

## TRAINING WITH THE DOWN SYNDROME TRAINING & SUPPORT SERVICE LTD

*It is vitally important that all adults working with a child with Down syndrome understands their learning needs and how to meet these needs. All teaching staff are welcome to join our Introduction to Down syndrome course for FREE. It will run at the beginning of each term. To enhance your practice further we suggest staff working closely with the child are also trained in signing, using visuals to support language development and teaching basic number skills. Each term these additional three courses will follow on from the Introduction to Down syndrome course over several weeks.*

*The cost of these additional courses is usually £200. If you book all three together the cost is reduced to £150, plus you can have a further 50% off one other course of your choice from:*

- Reading Language Intervention
- ME: my body, my friends, my life
- Beyond 10 time and money
- Expectations of behaviour

### Introduction to Down syndrome FREE

Wednesday 20th Sept '23. Repeated 17th Jan '24 and 17th Apr '24,  
9.30am to 12.30pm

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs. Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.

**COST: FREE**

Refreshments provided

- Fabulous course - given me some real insight. Will definitely amend/tweak practice
- Thank you a very interesting morning. I feel that I have learned so much and want to find out more! Great presentation.
- Very interesting and educational. Also thought provoking. Really enjoyed this course.

## RESOURCES AVAILABLE TO ORDER OR DOWNLOAD FROM OUR WEBSITE

### EARLY READING BOOKS LINKED TO RLI PROGRAMME

Two sets of 10 books are available to buy in print or download. The books have large clear print and images on a clear white background. Each page has a repetitive sentence as the vocabulary builds and is revisited throughout the set. The first set of 10 books is written at level 1 of the Hatcher Grading scheme and the second set at level 2.

Cost: hard copy, £20 plus postage for each set of 10 books.

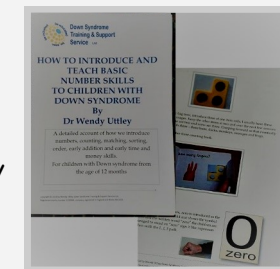
Electronic copy, £10 for each set.



*The books are simply excellent - perfect for my child in school.*

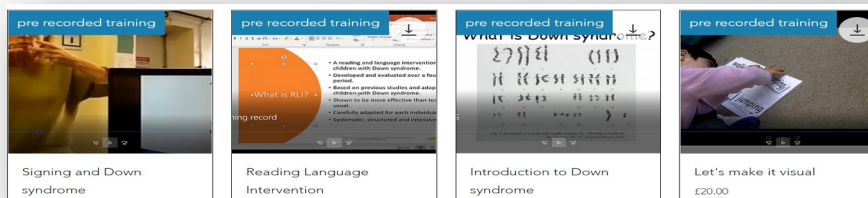
### TEACHING BASIC NUMBER SKILLS TO CHILDREN WITH DOWN SYNDROME by Dr Wendy Uttley

The book brings together the number interventions developed by Wendy Uttley and is used in our early development groups throughout our five year programme. It is a detailed account of how we introduce numbers, counting, matching, sorting, early addition and early time and money skills from the age of 12 months to 6 years and above.



COST £5 plus postage. Please visit our website to purchase <http://www.downsyndromebradford.com/resources-books-to-buy/>

## PRE RECORDED TRAINING AVAILABLE TO DOWNLOAD FROM OUR WEBSITE



### DOWNLOAD pre-recorded training £5 per course

All of our pre recorded training can now be purchased and downloaded direct from our website:

[Buy resources | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](http://downsyndromebradford.com)

- **Introduction to Down syndrome**  
2 HOURS - Cost £5
- **Teaching basic number skills to children with Down syndrome using the Numicon approach, beyond 10, time and money.**  
4 ONE HOUR SESSIONS - Cost £5
- **Let's make it visual - using visual resources to develop the language, communication and literacy skills of children with Down syndrome,**  
2 ONE HOUR SESSIONS - Cost £5
- **Reading, Language Intervention for children with Down syndrome**  
6 ONE HOUR SESSIONS over 2 downloads - Cost £5 each
- **Signing and children with Down syndrome**  
4 HOURS over 3 downloads - Cost £5 each
- **The inclusion of children with Down syndrome - expectations of behaviour.**  
4 ONE HOUR SESSIONS - Cost £5

### Signing and children with Down syndrome

This course is over 2 weeks.

27th Sept'23 & 4th Oct'23, 9.30 to 11.30am

REPEATED:

24th Jan'24 & 31st Jan'24, 9.30 to 11.30am

24th Apr'24 & 1st May'24, 9.30 to 11.30am

Session 1 will cover why we use signing with children with Down syndrome and the signs for manners, animals, food, family and other people, and the alphabet.

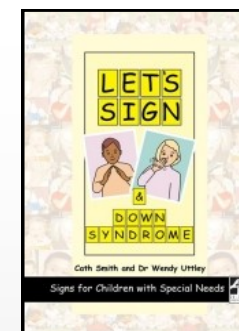
Session 2 will cover signs for the home, school day, colours, descriptions, time/days, questions and connective/link words.

Followed by a discussion on how behaviour can be addressed through introducing signing.

Both sessions will include practice of useful phrases and familiar children's songs. A book "Signing and Down syndrome", covering the signs in this course is available for £7.

**COST:** £80 per professional (£20 for second person from same school) /£20 per family member.

- A very useful course. Was good to be able to practice the signs straight away.



### Let's make it visual — using visual resources to develop the language, communication and literacy skills of children with Down syndrome

Wednesday 11th Oct '23. Repeated 7th Feb '24 and 8th May '24, 9.30 to 12.30pm

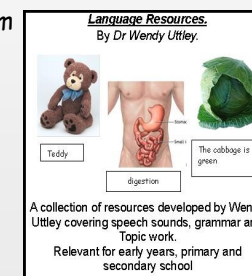
The morning will cover why the written word is used as a visual tool to develop language skills. Methods to develop clarity of speech, grammar, vocabulary, and lengthen sentence utterance will be discussed and illustrated.

It will also detail See & Learn (DSEI), visual timetables, conversation diaries and ideas to develop reading, writing and spelling skills.

**COST:** £60 per professional (£15 for second person from same school)/£15 per family member.

Digital download or memory stick of resources available £10

- Very useful to be given lots of ideas on a range of resources
- I liked the real examples of school work and the video clips



A collection of resources developed by Wendy Uttley covering speech sounds, grammar and topic work.  
Relevant for early years, primary and secondary school



### Teaching basic number skills to children with Down syndrome and other learning difficulties using the Numicon approach

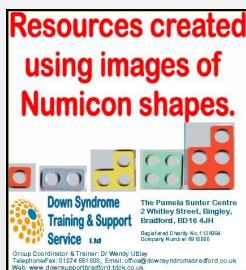
Wednesday 18th Oct '23. Repeated 21st Feb '24 and 15th May '24,  
9.30 to 12.30pm

Basic number skills are vital to enable everyday social inclusion and independence. The training will commence with an overview of the learning profile of a child with Down syndrome; exploring working memory and how this impacts on learning numbers. It will detail how children learn basic number skills - recognising numbers, saying number names, counting to find 'how many?' and early hands on addition. It will explore the challenges faced by children who have Down syndrome and other learning disabilities and demonstrate how the use of Numicon as a visual representation of number can help to overcome these difficulties and lead to increased understanding and confidence.

**COST:** £60 per professional (£15 for second person from same school)/£15 per family member.

Digital download or memory stick of resources available  
£10.00

- *It is going to be invaluable for me and my setting to support our children and develop them to their maximum potential.*
- *Very thought provoking - good examples shown to understand the difficulty maths presents to children.*
- *Despite not having used Numicon before I found it easy to follow and flexible. It was very helpful.*



### **School assemblies, (1/2 hour)**

**Introduction to Down syndrome for primary schools.**

**Introduction to Down syndrome for secondary schools.**

Both sessions cover what Down syndrome is and what it means to have Down syndrome with time for questions and answers. Please ring the office to book. Payment by voluntary donation to the charity.

**In house / whole school training available.**

**Please contact the office to discuss.**

### OTHER WORKSHOPS AVAILABLE

If demand is sufficient the following workshops may be scheduled over several weeks

- **Improve your child's sleep workshop**
- **Down syndrome & autistic spectrum condition workshop**
- **Six week behaviour workshop**

### TRAINING PACKAGE

**Package:** Introduction to Down syndrome plus the three vital courses below for £150 saving £50. Upon booking you will receive 50% off any other course

- **Signing and children with Down syndrome (Sept'23, repeat Jan & Apr'24)**
- **Let's make it visual — using visual resources to develop the language, communication and literacy skills of children with Down syndrome (Oct'23, repeat Feb & May'24)**
- **Teaching basic number skills to children with Down syndrome using the Numicon approach (Oct'23, repeat Feb & May'24)**

Once booked you will receive a code for 50% off any other course you wish to attend.

## ME, my body, my friends, my life

### How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills.

This course is over two Wednesdays: 22nd May & 5th June 2024, 9.30am to 3.30pm

The course will cover:

- How important such training is for young people with learning disabilities. Names for body parts.
- Privacy. Public and private body parts, actions, places, touch and conversations
- Puberty for girls, puberty for boys,
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships, appropriate greetings
- Safety in the community. Assertiveness. Abuse prevention strategies. How do we become our own protector?

The signs for this topic are also covered and available in a book —SRE and Down syndrome cost £6. A memory stick/digital download of resources & activities is available to buy at a cost of £10.

**COST:** £80 per professional (£20 for a second professional from the same school)/ family members, £20.

Refreshments provided but please bring own lunch.

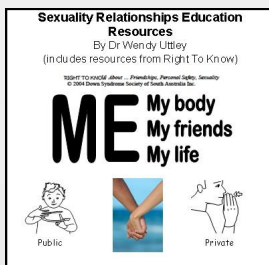
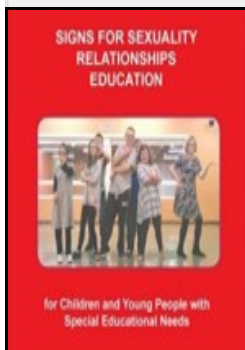
• *I'm now much more confident to tackle the subject.*

• *Very good for all people working with young people with learning difficulties*

• *Enjoyed meeting other people and being able to talk openly about issues and facts of life*

• *It's given me the confidence to talk about the changes my child will go through and most of all helped me to prepare and be aware of what is to come.*

• *Understand how the importance of starting this work in primary schools and practical ways of doing this.*



## Reading, Language Intervention for children with Down syndrome

Wednesdays 8th & 15th Nov '23.

This training course is over 2 half days, 9.30am to 12.30pm.

The RLI programme detailed in a teacher's handbook and DVD (now a digital download) developed and produced by Down Syndrome Education International, provides a systematic structured approach via daily activities that can be finely adapted to each child. The training days will cover the theory behind the programme, how to assess a child to find a starting point, how to monitor and record progress and how to deliver the daily intervention with examples from, and reference to, the teacher's handbook and DVD.

The RLI programme comprises of two strands of intervention; a reading strand and a language strand. The aim of the RLI programme is to:

- Improve spoken language and literacy skills of children with Down syndrome.
- Improve teaching practice and support educators.

We have for a long time known reading is a strength for children with Down syndrome but not all educators are aware of this or how to ensure the children reach their full reading potential.

- **COST:** £80 per professional (£20 for second person from same school)/ £20 per family member for both days inclusive.
- *Excellent. I have already put some things into practice and can see it will make a huge difference to lots of our students*

## Transition Evening for parents and carers of children with Down syndrome

Monday 20th Nov'23, 7pm to 9pm

This workshop will be aimed at parents of young people with Down syndrome due to transition from primary to secondary school or secondary school onto adulthood.

It will discuss the different options available for secondary provision and beyond, the pros and cons of each setting, planning the transition and detail the types of courses available for your child/young person.

Discussions on transport, direct payments, personal budgets and supported employment will be included.

**COST:** Free to family members, otherwise £20.

## Teaching number skills beyond 10, time & money

Wednesday 22nd Nov 2023, 9.30 to 3.00pm

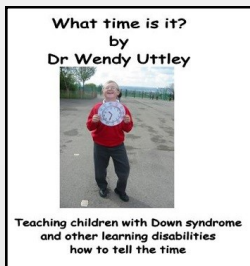
In the morning we will look in detail at tackling number skills beyond 10:

- ◆ Rote counting in 10s, 5s, 2s, teens and counting through decades up to 100
- ◆ Recognising 2 and 3 digit numbers, place value and order
- ◆ Counting to find how many - beyond 10
- ◆ Adding up and taking away - methods to succeed
- ◆ Fractions, multiplication, division and using calculators

After lunch we will tackle time and money

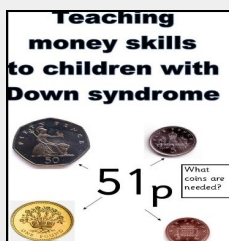
**Time:** This workshop will equip participants with a structured programme of activities and resources, developed and written by Wendy Uttley, to help them teach the passage of time and then how, step by step, to teach a child how to tell the time.

**Money:** We will detail a programme written by Wendy Uttley which consists of 120 finely graded activities to help teach a person with Down syndrome or other learning disability to understand and use money. From the early stages of learning the names for the coins to working with pounds and pence this programme is suitable to use with a child from approximately 5 years of age.



**COST:** £80 per professional (£20 for a second person from the same school) /£20 per family member.

Digital download or memory stick of each programme/resources available for £10.00 each.



## **Consultations, observations and assessments**

Are available at an hourly rate of £60, either online, in school or at our centre. Please visit [Consultations | Down Syndrome T&SS \(downsyndromebradford.com\)](https://www.downsyndromebradford.com) to book or for details.

REPORTS FOLLOWING ASSESSMENTS OR OBSERVATIONS £120

## Three week 'toilet training for all ages' Workshop (online)

Friday 1st, 8th & 15th December 2023, 10am to 12pm

REPEATED

Friday 21st & 28th June, 5th July 2024, 10am to 12pm

Do you need help toilet training your child?

Whether it be a young child just starting or an older child who still needs to develop skills towards independent toileting you are welcome to join us.

Sessions will run over three weeks and cover how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child. There will also be opportunities to support each other, share ideas and resources and monitor progress.

The course is 2 hours a week for 3 weeks and limited to 7 families.

**COST:** FREE to family members, otherwise £30

- Activities gave a true understanding of how difficult it is for a child with Down syndrome
- Benefitted from hearing other parent's experiences, some really useful tips.
- Lots of ideas and given me confidence as very daunted and didn't know who to ask.

## Expectations of behaviour - understanding and modifying behaviours of children with Down syndrome

Wednesday 13th March 2024, 9.30 to 2.30pm

By considering the learning profile of a child with Down syndrome and looking at areas of need this course will aim to address areas where difficult behaviours may develop. It will look at expectations, appropriate behaviour, including self help skills and go on to outline positive strategies using the ABC model of behaviour to focus on wanted behaviour.

**COST:** £80 per professional (£20 for a second person from the same school)/£20 per family member.

Refreshments provided but please bring your own lunch.

- Useful for all children not just those with Down syndrome.
- Really pleased with this service, feel much more confident.

