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| **Adapted from Zarkowski and Clements STARR Analysis sheet** |
| **Setting/Situation****Predisposing** | **Trigger/Task****Precipitating** | **Action****Maladapted Protective** | **Response/Result****Perpetuating** | **Reflection** |
| *Describe relevant details of the setting and what the child was meant to be doing. Include any interactions they had, note the sensory details of the situation, who else was involved and how.* | *What tipped the child into taking the action described? Was this an internalised trigger or something observable? What did they or anyone else say? Did something else happen to make things change?* | *What is the ‘headline’ behaviour? What did they do or say? Note anything relevant in their demeanour. How long did it last?* | *What was the immediate outcome for the child? What did they gain, achieve, avoid, or change for themselves by doing this? How did their behaviour make those around them act?* | *In order to reduce the likelihood of the behaviour re-occurring, we need to adjust any of the other elements which predispose and maintain it. What need does the behaviour tell us the child was trying to meet? How can we help them meet it in a more positive way?* |
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